

May Half Term Activities

30TH MAY - 3RD JUNE

LYNNSPORT & ST JAMES POOL, King's Lynn • DOWNHAM LEISURE, Downham Market • OASIS, Hunstanton



Limited spaces available, call now to book and guarantee your place.

www.aliveleisure.co.uk



Tel: 01553 818001 f Alive Lynnsport g@Lynnsport Alive Lynnsport, Greenpark Avenue, King's Lynn, Norfolk PE30 2NB

Holiday and Breakfast Clubs Every Day

The Holiday Club, 10am – 3pm (5-14 yrs) will be either a day of football or multisports as detailed in the programme below.

The Breakfast Club, 8am – 10am (5-14 yrs) is an add on session with breakfast cereal and fruit juice provided. This supervised session includes board games, computer games or films.

The Breakfast Club and Holiday Clubs can be booked together or the Holiday Club separately. Children attending the Breakfast Club will be escorted to the Holiday Club by the instructors. Lunch is not provided so please bring a packed lunch or alternatively food can be purchased from our café.

	Standard	Alive Card	Concs Alive Card
Holiday Club	£15	£12.50	£10
Breakfast Club	£3	£2.50	£2

Tuesday 30th May Archery, Speed Stacking & Dodgeball

Wednesday 31st May Football World Cup Qualifier Thursday 1st June Nerf-Tag, Cricket & Basketball Friday 2nd June Football, Athletics & Climbing



Delivered by King's Lynn Community Football





Tel: 01553 818001 f Alive Lynnsport 🕤 @Lynnsport Alive Lynnsport, Greenpark Avenue, King's Lynn, Norfolk PE30 2NB

Activities	;		Standard	Alive Card	Concs Alive Card
Tuesday 30th	May				
2.00-3.00 3.00-4.00 2.00-4.00	Junior Trampolining Junior Trampolining Roller Skating	5-8 years 9-13 years 5-11 years	£4.00 £4.00 £3.55	£3.00 £3.00 £2.95	£2.50 £2.50 £2.40
Wednesday 3	51st May				
10.45-12.45	Junior Gymnastics	5-15 years	£6.00	£5.00	£4.00
Thursday 1st .	June				
10.45-11.45	Tumble Teds	3-5 years	£4.00	£3.00	£2.50
2.00-4.00	Indoor Adventure Play	5-15 years	£6.00	£5.00	£4.00
Friday 2nd June					
2.00-4.00	Gladiator Challenge	7-15 years	£6.00	£5.00	£4.00



live lynnsport 10.00-12.00 1.00-3.00

Alive Lynnsport - Tuesday 30th May 5-8 years 8+ years

live downham leisure 1.00-3.00

10.00-12.00

Alive Downham - Wednesday 31st May 5-8 years 8+ years

2 TENNIS COMPETITION DAY

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Lynnsport - Thursday 1st June 10.00-3.00 All Ages £10



 Tel: 01553 764888
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Swimming Crash Courses

Tuesday 30th May - Friday 2nd June

An intensive course of swimming lessons for your child to gain confidence and improve their aquatic skills in the water.

9.00-9.30	Level 1	4 ½ yrs +
9.30-10.00	Level 1	4 ½ yrs +
10.00.10.30	Level 2	4 ½ yrs +

Level 1 - This lesson builds water confidence through play and introduces basic stroke technique, progressing to a stage where children are water confident.

Level 2 - This lesson develops your child's confidence so that they are able to swim with basic technique without floats and armbands.

Standard £20.00 Alive Card £16.60 Concs Alive Card £10.00

Swimming Family Fun Sessions

Tuesday 30th May & Thursday 1st June

 A great opportunity for the whole family to have fun in the swimming pool.

 2.00-3.30
 All Ages

 Normal swim admission policies and charges apply.



re Tel: 01366 386868 **F** Alive Downham Leisure **DownhamLeisure** ownham leisure Alive Downham Leisure, Bexwell Road, Downham Market, Norfolk PE38 9LL

Holiday Clubs

The Holiday Club, 10am – 3pm will be either a day of football or multisports as detailed below and led by qualified and experienced coaches from King's Lynn Community Football.

Tuesday 30th May Thursday 1st June Friday 2nd June Cricket, Dodgeball, Tag Rugby Football World Cup Nerf-Tag, Tennis, Basketball

For ages 5-14.

Standard £15 Alive Card £12.50 Concs Alive Card £10

Please book early to secure your place, sessions are subject to minimum and maximum attendances. Activities may be outside so please bring suitable clothing and a packed lunch.

(Delivered by King's Lynn Community Football) FOOT

Activities

Tuesday 30th May

3.15-4.15	Roller Skating	All Ages
Wednesday 31s	t May	
12.30-1.30	Arts and Crafts	5-11 yrs
1.30-2.30	Junior Fitness	8-14 yrs
3.00-4.00	Archery	8-14 yrs
4.00-5.00	Archery	8-14 yrs
Thursday 1st June		
3.15-4.15	Roller Skating	All Ages
Friday 2nd June		
3.15-4.15	Roller Skating	All Ages
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Standard £2.50 Alive Card £2 Concs Alive Card £1.50

Swimming Crash Courses

Tuesday 30th May - Friday 2nd June

A weeks intensive course of swimming lessons for your child to gain confidence and improve their aquatic skills in the water.

9.00-9.30	Level 1	4 ½ yrs +
9.30-10.00	Level 2	4 ½ yrs +

Standard £20 Alive Card £16.60 Concs Alive Card £10

Swimming Family Fun Sessions

Tuesday 30th May - Friday 2nd June

A great opportunity for the whole family to have fun in the swimming pool. 10.00-11.30 All Ages

Normal swim admission policies and charges apply.





Tel: 01485 534227 f Alive Oasis y @HunstantonOasis Alive Oasis, Central Promenade, Hunstanton, Norfolk PE36 5BD

Activities (All activities take place at Alive Oasis)

Standard £2.50	Alive Card £2.00	Alive Card Concs £1.50
Tuesday 30th	Мау	
12.00-1.00	Table Tennis	8-15 yrs
1.00-2.00	Roller Skating	5-11 yrs
3.00-4.00	Junior Circuits	8-15 yrs

Wednesday 31st May

9.00-10.00	Adventure Challenge	5-10 yrs
1.00-2.00	Runaround Games	5-11 yrs
3.00-4.00	Junior Fitness	8-15 yrs

Thursday 1st June

1.00-2.00	Roller Skating	5-11 yrs
3.00-4.00	Junior Fitness	8-15 yrs

Friday 2nd June

9.00-10.00	Adventure Challenge	5-10 yrs
12.00-1.00	Table Tennis	8-15 yrs
3.00-4.00	Parachute games	8-15 yrs

Swimming Family Fun Sessions

Thursday 1st June

A great opportunity for the whole family to have fun in the swimming pool.

4.00-6.00 All Ages Normal swim admission policies and charges apply.





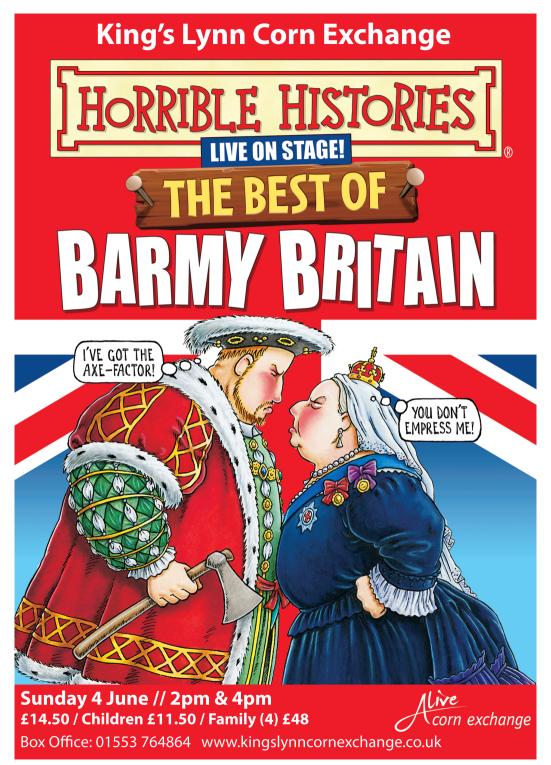
COME AND SWIM IN OUR PURPLE COLOURED POOLS WITH FUN FLOATS AND INFLATABLES.

SATURDAY SRD JUNE

St James Pool 12.15-1.15pm & 4-5pm Downham Leisure Noon – 1pm & 4.30-5.30pm Dasis 1-2pm & 5-6 pm

Booking is essential as maximum numbers apply. Please book early to avoid disappointment. Normal swim admission policies and charges apply.





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