

LUNCHTIME CO.

Week 1

Commencing • 6th Sept • 27th September • 18th October

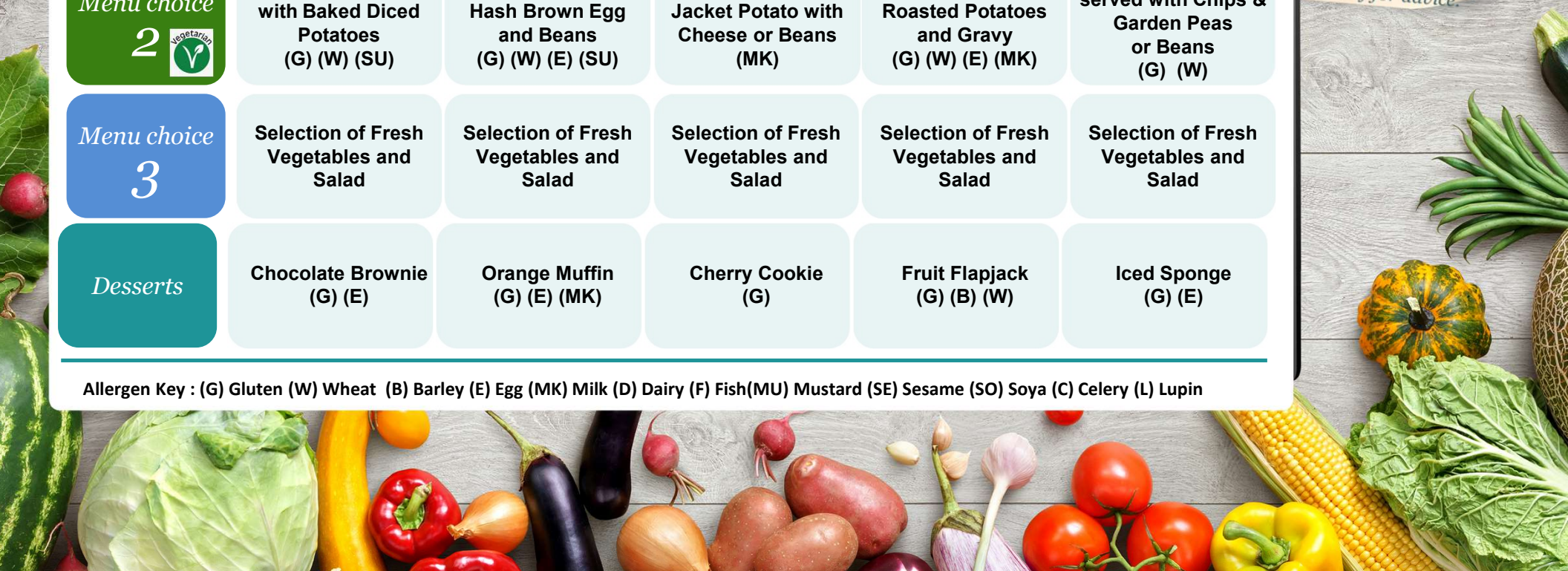
	Monday	Tuesday	Wednesday	Thursday	Friday
Packed Lunch	Cheese Sandwich Packed Lunch (G) (W) (MK) (SU)	Ham Sandwich Packed Lunch (G) (W) (SU)	Tuna Sandwich Packed Lunch (G) (W) (E) (F) (SU)	Cheese Sandwich Packed Lunch (G) (W) (MK) (SU)	Ham Sandwich Packed Lunch (G) (W) (S)
Menu choice 1	Beef Burger with Baked Diced Potatoes (G) (W) (SU)	Sausage Hash Brown Egg and Beans (G) (W) (E) (SU)	Pasta Bolognese & Garlic Bread (G) (W)	Roast Chicken with Roasted Potatoes and Gravy (G) (W) (E) (MK)	Fish Fingers served with Chips & Garden Peas or Beans (G) (W) (F)
Menu choice 2 	Vegetable Burger with Baked Diced Potatoes (G) (W) (SU)	Quorn Sausage Hash Brown Egg and Beans (G) (W) (E) (SU)	Jacket Potato with Cheese or Beans (MK)	Quorn Roast with Roasted Potatoes and Gravy (G) (W) (E) (MK)	Vegetable Nuggets served with Chips & Garden Peas or Beans (G) (W)
Menu choice 3	Selection of Fresh Vegetables and Salad	Selection of Fresh Vegetables and Salad	Selection of Fresh Vegetables and Salad	Selection of Fresh Vegetables and Salad	Selection of Fresh Vegetables and Salad
Desserts	Chocolate Brownie (G) (E)	Orange Muffin (G) (E) (MK)	Cherry Cookie (G)	Fruit Flapjack (G) (B) (W)	Iced Sponge (G) (E)

Allergen Key : (G) Gluten (W) Wheat (B) Barley (E) Egg (MK) Milk (D) Dairy (F) Fish (MU) Mustard (SE) Sesame (SO) Soya (C) Celery (L) Lupin

*Available
every day:*

- Fresh Bread
- Selection of Fruit


*Some of our food may
contain allergens. Please
ask our
chef for advice.*



LUNCHTIME CO.

Week 2

Commencing • 13th Sept • 4th Oct
• 25th October

	Monday	Tuesday	Wednesday	Thursday	Friday
Packed Lunch	Cheese Sandwich Packed Lunch (G) (W) (MK) (SU)	Ham Sandwich Packed Lunch (G) (W) (SU)	Tuna Sandwich Packed Lunch (G) (W) (E) (F) (SU)	Cheese Sandwich Packed Lunch (G) (W) (MK) (SU)	Ham Sandwich Packed Lunch (G) (W) (S)
Menu choice 1	Ham & Cheese Pizza with Baked New Potatoes (G) (MK)	Sausage Roll with Herby Diced Potatoes (G) (W) (MK)	Turkey Meatballs in Tomato Sauce with Pasta and Garlic Bread (G) (W) (MK)	Roast Chicken with Roasted Potatoes and Gravy (G) (W) (E) (MK)	Fish Fingers served with Chips & Garden Peas or Beans (G) (W) (F)
Menu choice 2 	Cheese & Tomato Pizza with Baked New Potatoes (G) (MK)	Vegetarian Sausage Roll with Herby Diced Potatoes (G) (W) (MK)	Jacket Potato with Cheese or Beans (MK)	Quorn Roast with Roasted Potatoes and Gravy (G) (W) (E) (MK)	Vegetable Nuggets served with Chips & Garden Peas or Beans (G) (W)
Menu choice 3	Selection of Fresh Vegetables and Salad	Selection of Fresh Vegetables and Salad	Selection of Fresh Vegetables and Salad	Selection of Fresh Vegetables and Salad	Selection of Fresh Vegetables and Salad
Desserts	Chocolate Cookie (G) (W)	Marble Cake (G) (W) (E)	Rice Crispy Cake (G) (W)	Shortbread (G) (W)	Banana Cake (G) (W) (MK)

Allergen Key : (G) Gluten (W) Wheat (B) Barley (E) Egg (MK) Milk (D) Dairy (F) Fish (MU) Mustard (SE) Sesame (SO) Soya (C) Celery (L) Lupin

**Available
every day:**

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- Selection of Fruit

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LUNCHTIME CO.

Week 3

Commencing • 20th September • 11th October

	Monday	Tuesday	Wednesday	Thursday	Friday
Packed Lunch	Cheese Sandwich Packed Lunch (G) (W) (SU) (MK)	Ham Sandwich Packed Lunch (G) (W) (SU)	Tuna Sandwich Packed Lunch (G) (W) (E) (F) (SU)	Cheese Sandwich Packed Lunch (G) (W) (MK) (SU)	Ham Sandwich Packed Lunch (G) (W) (S)
Menu choice 1	Bangers and Mash (G) (W) (SU)	Chicken Goujon Wrap with Potato Wedges (G) (W)	Sausage Roll served with Herby Diced Potatoes and Vegetables (G) (W) (MK) (SU)	Roast Chicken with Roasted Potatoes and Gravy (G) (W) (E) (MK)	Fish Fingers served with Chips & Garden Peas or Beans (G) (W) (F)
Menu choice 2	Quorn Sausage and Mashed Potato (G) (E) (W) (MK)	Vegetable Goujon Wrap with Potato Wedges (G) (W)	Macaroni Cheese with Garlic Bread (G) (W) (MK)	Quorn Roast with Roasted Potatoes and Gravy (G) (W) (E) (MK)	Vegetable Nuggets served with Chips & Garden Peas or Beans (G) (W)
Menu choice 3	Selection of Fresh Vegetables and Salad	Selection of Fresh Vegetables and Salad	Selection of Fresh Vegetables and Salad	Selection of Fresh Vegetables and Salad	Selection of Fresh Vegetables and Salad
Desserts	Chocolate Crunch (G) (W) (E)	Lemon Muffin (G) (W) (E)	Gingerbread Biscuit (G) (W)	Carrot Cake (G) (W) (E)	Vanilla Cookie (G) (W)

Allergen Key : (G) Gluten (W) Wheat (B) Barley (E) Egg (MK) Milk (D) Dairy (F) Fish (MU) Mustard (SE) Sesame (SO) Soya (C) Celery (L) Lupin

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- Selection of Fruit

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