



Clenchwarton Primary School

Weekly Newsletter - 11th November 2022



Hello everyone,

Today we were visited from a Flutist by Classical Music Rocks with a Performance in our hall.



Thank you for all your donations for our Poppy Appeal, the Year 6 children have loved getting involved.

Well done to the children who took part with Bikeability this week.

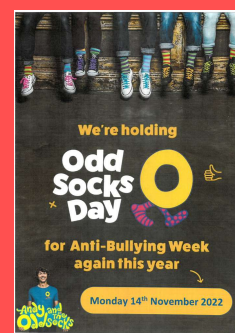
We are having an Odd Socks Day on Monday 14th November in support of the Anti-Bullying week. Please show your support by wearing odd socks.



Many thanks for your support. As always, we want to ensure that your experience at Clenchwarton Primary is a positive one and we will keep you informed of your child's progress or any other incidents which happen in school. If you have any concerns, in the first instance, please telephone or email the school office.

Best wishes

Ms J Borley
(Executive Headteacher)



Children in Need—Friday 18th November 2022

Non-uniform Day—donations please via ParentPay.

Wear something yellow, spotty or both.

Spotacular Doodle Competition.

Enter our competition by creating a doodle of your choice. A sheet will be provided for each child who would like to enter.

Entries to be back in school Friday morning. The School Council will judge them at lunchtime—prizes will be awarded during Golden Assembly.

Prizes— EYFS & KS1
Lower KS2
Upper KS2



Please make sure entries are clearly marked with full name and year group.

Thank you for your continued support.

Attendance

Reception:	98.13%
Year 1:	98.33%
Year 2:	96.33%
Year 3:	97.42%
Year 4:	98.21%
Year 5:	98.67%
Year 6:	96%

**Congratulations to
*Year 5***



www.clenchwartonprimary.co.uk

Governors email address: chairgov@clenchwartonprimary.co.uk



Head lice

Please check your child's hair as soon as possible and treat, if necessary. Thank you.



P.T.A.



The next PTA meeting will be held on Tuesday 29th November 2022 at 6pm in the school hall.

It would be much appreciated if you have any raffle prizes and tombola prizes could kindly be donated for the Christmas Fair. Please hand them in to school office.

Upcoming events:-

Saturday 19th November—Table Top (Jumble Sale) - School Hall 10am -12pm. £5 per pitch.

Monday 5th December - Cinema Club—£2.50 per child—Letter to follow

Monday 12th December—Purple Dreams Panto—The Little Mermaid

A Christmas Fair has been arranged for Friday 9th December 2022 at Clenchwarton Primary School - 3.30-5.30pm. A pitch can be purchased for £5.00 each. Please speak to Miss Kelly Childerhouse (Chair).



Christmas Fair @ Clenchwarton Primary on Friday 9th December 2022

All donations of any raffle prizes and tombola prizes for our Christmas Fair on 9th December 2022 would be much appreciated.

Please hand them in to school office.

Thank you for your support.



Library

To celebrate our new library relaunch we are inviting children and their parents/carers to come and read together on Thursday afternoons from 3.15pm—4pm. Starting from 24th November 2022. We look forward to seeing you. For more information, please contact Mrs Waterston.



ParentPay Lunches

Please book school lunches via ParentPay before midnight on a **Sunday**. Thank you.

Please make any outstanding payments on ParentPay ASAP. All payments will need to be made online as we are now a cashless school.

Free Schools Meals on-Line

Please visit:- <https://www.gov.uk/apply-free-school-meals>.



Have your circumstances changed recently?

You may be eligible for Free School Meals!

The school receives funding for each child who comes under Pupil Premium (including FSM). You can apply online:-

<https://www.gov.uk/apply-free-school-meals>.

Families in hardship and needing wider support

In addition to the offer of FSM vouchers for eligible families, there is support available for families who are facing hardship and need support. Anyone experiencing hardship may be able to receive support through the Norfolk Assistance Scheme (NAS), which may be able to provide support for food, fuel, clothes and other essential household items to families experiencing hardship. Wider support from a range of partners can then also be made available with NAS working alongside the Children's Services Community and Partnerships service. Families may get in touch with NAS via their dedicated website which includes an online application form, at [Norfolk Assistance Scheme - Norfolk County Council](https://www.norfolk.gov.uk/norfolk-assistance-scheme) or if they cannot access the internet, they can call **0344 800 8020**.



COMMUNITY NEWS—Craft Fair @ St Margaret's Church

We are holding a craft fair at the church on Saturday 19th November from 10am-2.00pm. Back by popular demand Freya the fortune teller will also be at this event.

Tea, Coffee and homemade cakes will also be available. Money raised from this event will go towards our kitchen and toilet project.



Diary Dates

***Please be aware that dates are for guidance only and are subject to change.**

Diary dates are also located on the school website.

Monday 14th to Friday 18th November 2022	Odd Socks Day for Anti-Bully ing week —See poster on page 4. Parliament week—Year 5 & 6—with a visit from James Wild our local MP to visit on 18th
Tuesday 15th November 2022	Primaries Remembrance at Springwood High School
Wednesday 16th November 2022	WNAT primaries & non-cluster/non- Trust primaries collective instrumental re-hearsal and concert @ GWP.
Thursday 17th November 2022	Yrs 5 Masjid Ghousia Mosque—Payment and consent via ParentPay.
Saturday 19th November 2022	PTA Table Top (Jumble sale) School Hall 10am-12opm—£5 per pitch.
Tuesday 22nd November 2022	Year 2- Class Assembly-2.50pm-Parents invited.
Wednesday 23rd November 2022	NHS Flu Immunisation Programme - 2nd Session—Further link to follow Year 5 - Class Assembly—Parents invited
Thursday 24th November 2022	Yr 1—ZooLab workshop (in school) joint with West Lynn & Walpole Cross Keys. More details to follow. Cross Country—Finals Reception-Class Assembly –2.50pm—Parents invited.
Monday 28th November 2022	Tag Rugby Festival—Selected
Tuesday 29th November 2022	Yr 3—Stories of Lynn-King’s Lynn Museum—Payment via ParentPay. Year 1—Class Assembly-2.50pm– Parents invited
Wednesday 30th November 2022	Year 6—Class Assembly—2.50pm-Parents invited
Thursday 1st December 2022	Year 3- Class Assembly-2.50pm—Parents invited
Friday 2nd December 2022	Bikeability (limited spaces) for Year 3.
Monday 5th December 2022	PTA—Cinema Club—£2.50 per child— Letter to follow.
Wednesday 7th December 2022	EYFS/KS1—Nativity– AM performance– School Hall-More details to follow. Carol Service at St Nicholas Church—6-7pm—Selected (Parents to take and pick up)
Thursday 8th December 2022	EYFS/KS1 –Nativity-PM performance-School Hall-More details to follow.
Friday 9th December 2022	PTA—Christmas Fair (Hall at Clenchwarton Primary) — 3.30pm –5.30pm
Monday 12th December 2022	Whole School—Purple Dreams Christmas Panto—The Little Mermaid (Kindly funded by the PTA)
Thursday 15th December 2022	Christmas lunch—Bookings via ParentPay—Thank you. KS2—Chriistmas Carol Concert—2pm—School Hall. More details to follow.
Friday 16th December 2022	Break up for Christmas break.
Wednesday 4th January 2023	Back to school.

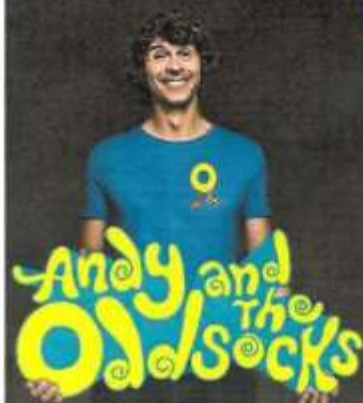


We're holding

**Odd
Socks
Day**



**for Anti-Bullying Week
again this year**



Monday 14th November 2022

What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING



Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (provided they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, lumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

Childline: talk to a trained counsellor on 0800 1111 or online at www.childline.org.uk/get-support/

National Bullying Helpline: counsellors are available on 0845 225 5767 or by visiting www.nationalbullyinghelpline.co.uk/cyberbullying.html

The NSPCC: the children's charity has a guide to the signs of bullying at www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/ and can be reached on 0800 800 5000

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and texting behaviour of young people in the UK, USA and Australia.



**National
Online
Safety**

#WakeUpWednesday



www.nationalonlinesafety.com



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 09.11.2021



After School Clubs will run from w/c Monday 7th November 2022 to Thursday 8th December 2022.

Autumn 2 term-5 weeks

- Tuesday's** = ICT Club with Mrs Bloodworth-Year 1 to Year 6 only. Booking via ParentPay. **FULL**
Journalism Club with Mrs Waterston-Year 5/6 only—to continue with previous children.
Dodgeball Club with Premier Sports-premier-education.com to book!.
- Wednesday's** = Multi Sports with ICS Coaching-KS1 only—Bookings via ParentPay. **SPACES AVAILABLE**
Choir with Miss Webb & Miss Welch—Bookings via ParentPay. **SPACES AVAILABLE**
- Thursday's** = Football with ICS Coaching-KS2 only—Bookings via ParentPay. **SPACES AVAILABLE**
- Friday's** = Gymnastics with Premier Sports premier-education.com to book! Last session will be on Friday 2nd December 2022. **(4 weeks only)**

This is for your information:- Pupils to be shown how to dress appropriately for PE/Swimming (appropriate clothing, long hair tied back away from the eyes, no hard head accessories)

Earrings. Ideally pupils will remove earrings however, pupils unable to remove earrings should make them safe by taping, front and back, which may offer a measure of protection. The taping should be sufficient to prevent the stud post penetrating the bone behind the ear should an unintentional blow be received from equipment such as a ball or a person. The taping may be done at home for younger children (as stated Safe Practice in PE and School Sport and Physical Activity 2016).

***Please note that Premier will issue a credit note for the Gymnastics session that was cancelled on Friday 21st October 2022 to those who booked this day. Thank you.**

Morning Club Spaces are available for the morning club which runs everyday in the hall from 7.40 am-8.40 am. If you would like your child to take part. Please book via Premier—premier-education.com

If your child is not attending an afternoon club for any reason, please inform the school office with the reason. Thanks.

Community News



Clenchwarton Youth Football Club are looking for players to join our fantastic football club for the 2022 / 2023 season.

We are a family friendly FA Standard Chartered Club that encourages and develops all our players.

We are currently looking for players for our Under 6 team playing and training on a Saturday morning (Under 6 - Year 1 based on September 2022 school year)

All our coaches are FA qualified, DBS checked and First Aid trained.

So if you're interested or would like more information then please contact us either:

By email - Secretary.clenchwartonfc@gmail.com

Through our Facebook page @clenchwartonyouthfootballclub

Or phone or text Ben Hails 07972364346

Before & After School Clubs at your School...

What's happening at your school:

Clenchwarton Primary School

Starting 31st October

Before school club - everyday - £3.75

Starting week commencing 7th November

Tuesday Dodgeball Club (5 week block)

Friday Gymnastics Club (4 week block)

All details can be found when booking

Limited To 20 Spaces

Avoid disappointment, visit
premier-education.com to book!!

- Kickstart the day with our brilliant before-school sessions

- Let loose with lunchtime activities

- Keep on moving with awesome after-school clubs

Over the past 20 years, we've expanded our term-time offer of school activities to include sessions held before the school day begins, in lessons - covering or supplementing existing lessons, at lunchtimes as an extra chance to get active, or after-school, giving parents a more convenient pickup time while the kids keep engaged.

Before, Lunchtime & After School Clubs for Children Age 4 - 11.
To book now, visit premier-education.com

Follow our socials - search Premier - Cambridgeshire & West Norfolk



Based on over 8,500 reviews

