



Clenchwarton Primary School

Weekly Newsletter-12th January 2024



Hello everyone,

Welcome back and Happy New Year to you all with this being the first Newsletter of 2024!

We welcome Ms Tordoff who has joined us as a TA/MSA at Clenchwarton Primary.

On Friday 5th January, Year 4 were visited by the East Anglian Air Ambulance and will be taking part in a very exciting, new project called the EAAA Challenge Badge (organised by the East Anglian Air Ambulance). It is packed with educational, engaging and fun activities for children as well as learning the basics of life saving CPR. We had a representative joining us to explain how to achieve it. We will be doing activities and events over the next term so please keep looking for notices of how you can support us!

Thursday 18th January 'Taste of America' We have a menu change as this is Census Day, details below. Please be advised no alternative meals will be available on this day.

This term our allocated PE days for each class are as follows:

Tuesday- Y2, Y5

Wednesday- Y3, Y6

Thursday- YR

Friday- Y4, Y1

Please send your child to school in full PE uniform on their allocated day, thank you.

Should you need to contact Mrs Munday, Executive SENCO, please use the email address below: t.munday@wnat.co.uk.

As the weather is colder could you please ensure your child comes to school suitably dressed for the elements.

If you are having a tidy up, please support the Bag2School fundraising event. All collections are to be brought in on Thursday 25th January 2024. Please supply your own bags on this occasion. These will be collected at 9am. Thank you for your support.

As always, we want to ensure that your experience at Clenchwarton Primary is a positive one and we will keep you informed of your child's progress or any other incidents which happen in school. If you have any concerns, in the first instance, please telephone or email the school office.

Best wishes

Ms J Borley
(Executive Headteacher)



Attendance

Reception: 95.65%

Year 1: 97.41 %

Year 2: 94.81%

Year: 3: 95.36 %

Year 4: 97%

Year 5 : 97.33 %

Year 6: 99.26%

Congratulations to *Year 6*



www.clenchwartonprimary.co.uk

Governors email address: r.wenn@westnorfolkacademiestrust.co.uk

SENCO email address: t.munday@wnat.co.uk



P.T.A.

Upcoming events:-

Wednesday 7th February 2024—Disco

Tuesday 23rd April 2024—PTA bingo

Wednesday 22nd May 2024—KS1 cinema club

Thursday 23rd May 2024—KS2 cinema club

Friday 5th July 2024—Summer Fayre

If you have any queries, please speak to Miss Kelly Childerhouse (Chair).
clenchwartonpta@gmail.com

Thank you for your support.



PTA



Polite Reminder

Please be reminded that the double gates are for entry to the school and the single gate is to be used on exit. This is so we can ensure that everybody is safe.

Thank you.

Water Bottles

Please make sure that only water is in your child's class water bottle. They are allowed squash for their lunch box drinks (No fizzy Prime bottles please).



or

Healthy Snacks

Pupils can bring in a healthy snack to eat at playtime. E.g. fruit, cereal bars (**no nuts**), raisins, vegetable sticks, etc.

Crisps and chocolate are not allowed as a snack but can be put in your child's lunch box for lunchtime. We are encouraging a healthy lifestyle!



Attendance & Pastoral Support

Gail Scott is our Attendance and Pastoral support officer for Clenchwarton Primary School. Mrs Scott can be contacted by emailing:-
g.scott@westnorfolkacademiestrust.co.uk



Have your circumstances changed recently?

You may be eligible for Free School Meals!

The school receives funding for each child who comes under Pupil Premium (including FSM). You can apply online:-

<https://www.gov.uk/apply-free-school-meals>.

Families in hardship and needing wider support

In addition to the offer of FSM vouchers for eligible families, there is support available for families who are facing hardship and need support. Anyone experiencing hardship may be able to receive support through the Norfolk Assistance Scheme (NAS), which may be able to provide support for food, fuel, clothes and other essential household items to families experiencing hardship. Wider support from a range of partners can then also be made available with NAS working alongside the Children's Services Community and Partnerships service. Families may get in touch with NAS via their dedicated website which includes an online application form, at [Norfolk Assistance Scheme - Norfolk County Council](https://www.norfolkassistance.co.uk) or if they cannot access the internet, they can call **0344 800 8020**.



ParentPay Lunches

Please book school lunches via ParentPay before midnight on a **Sunday**. Thank you.

Please make any outstanding payments on ParentPay ASAP. All payments will need to be made online as we are now a cashless school.



Price increase from 1st April 2023 will be £2.50 per meal.

Free Schools Meals on-Line

Please visit:- <https://www.gov.uk/apply-free-school-meals>.

Lunchtime Co—NEW MENU TO USE FROM W/C 30.10.2023

Please see the school website for the menu. If your child has any dietary requirements that we are not aware of, please inform the school office. Special meal—Taste of America is on Thursday 18th January 2024. No alternative available on this day. **All Bookings should be made via ParentPay, by midnight on a Sunday. If you do not choose your child's option, we will only be able to provide your child with a hot meal from now on.** Please note that due to food supply issues the kitchen are doing their very best to accommodate, but the menu may be subject to change. Thank you.






Diary Dates



***Please be aware that dates are for guidance only and are subject to change.**

Diary dates are also located on the school website. Please note that the West Norfolk Academies Trust school calendar for 2023/2024 2024/2025 can be located from the school's website. School holiday dates are slightly different to NCC.

Thursday 18th January 2024	'Taste of America ' Census Day Meal.
Friday 19th January 2024	Choir Club—Young Voices @ O2 Arena, London.
Thursday 25th January 2024 	Active Kids Festival —Lynn sport, selected children KS1. Permission via ParentPay. Bag2School collection today. All bags to be brought in by no later than 9am.
Friday 26th January 2024	NHS Dental Survey— Selected YR and Y1 children.
Friday 2nd February 2024	NSPCC Number Day.
Monday 12th February 2024	New date—SSP Tag Rugby—Year 5—Selected.
Friday 16th February 2024	School closes at the usual time of 3.15pm for half term.
Monday 26th February 2024	School opens-8.45am registration.
Thursday 29th February 2024	Girls Football—Lynnsport—Selected
Wednesday 6th March 2024	SSP Dance Festival Corn Exchange— More details to follow.
Tuesday 12th March 2024	YrR NCMP/ Vision and Hearing - More details to follow
Thursday 14th March 2024	SSP Bee Netball Festival Year 3&4—More details to follow.
Monday 22nd April 2024	Year 6—Trip to Duxford Imperial War Museum—More details to follow.
Wednesday 24th April 2024	Year 4— Trip to be confirmed.
Wednesday 1st May 2024	Yr6 Crucial Crew visit—More details to follow.
Monday 8th to Friday 12th July 2024	Year 6 Hilltop residential.



The East Anglian Air Ambulance representative introducing The EAAA Challenge Badge (organised by the East Anglian Air Ambulance) to our Year 4 children. It is packed with educational, engaging and fun activities for children as well as learning the basics of life saving CPR.





After School Clubs will run from w/c Monday 8th January to Friday 22nd March 2023

unless otherwise stated.

Spring 1 & 2 terms

Day	After School Club	Who with:
Tuesday	Multi-sports— <i>Spaces still available</i> Computer Club—KS2—6 weeks only-limited spaces	ICS coaching—Booking via ParentPay Mrs Howells-Booking via ParentPay
Wednesday	Young Voices Yr4-Yr6 (This club will continue to run for a further 2 weeks for existing pupils on 10th and 17th January 2024—no additional cost for these two dates.	Miss Welch & Miss Webb
Thursday	Basketball— <i>Spaces still available</i>	Premier Sports premier-education.com to book!
Friday	Gymnastics— <i>Spaces still available</i>	Premier Sports premier-education.com to book!

This is for your information:- Pupils to be shown how to dress appropriately for PE/Swimming (appropriate clothing, long hair tied back away from the eyes, no hard head accessories)

Earrings. Ideally pupils will remove earrings however, pupils unable to remove earrings should make them safe by taping, front and back, which may offer a measure of protection. The taping should be sufficient to prevent the stud post penetrating the bone behind the ear should an unintentional blow be received from equipment such as a ball or a person. The taping may be done at home for younger children (as stated Safe Practice in PE and School Sport and Physical Activity

Before & After School Clubs at your School...

What's happening at your school:
Clenchwarton Primary School

Monday – Friday
Before school club | £4 per session | 7.40am

Sport Active After School Clubs

Monday – Multi-sports
Friday - Gymnastics

3.15pm – 4.15pm | £68.25 | 13 week block

Limited To 20 Spaces
Avoid disappointment, visit premier-education.com to book!!

Over the past 20 years, we've expanded our term-time offer of school activities to include sessions held before the school day begins, in lessons – covering or supplementing existing lessons, at lunchtimes as an extra chance to get active, or after-school, giving parents a more convenient pickup time while the kids keep engaged.

Before, Lunchtime & After School Clubs for Children Age 4 - 11.
To book now, visit premier-education.com

Follow our socials - search Premier - Cambridgeshire & West Norfolk

Trustpilot
Based on over 8,500 reviews

Premier Education

Top Tips for... MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

Meet Our Expert

Minda Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



DEVICE BOX

The National College



National Online Safety

#WakeUpWednesday



AFTER SCHOOL

BASKETBALL CLUB

 **INSPIRING ACTIVITY**

 **SCAN HERE FOR MORE INFORMATION**
premier-education.com/parents

 **Trustpilot**
Based on over 15,000 reviews

BASKETBALL CLUBS AT YOUR SCHOOL

Venue: Clenchwarton Primary School

Dates: 11th Jan - 21st March

Times: 3.15pm - 4.15pm

Price: £52.50

Ages: Open to all.

Additional info: 10 Sessions - maximum of 20

Basketball is the perfect sport for developing spatial awareness and communication. Basketball improves throwing, catching, running and jumping – all fundamental skills which can be applied through a range of sports.

Through a range of games, challenges and matches, each child will get to experience the many aspects of this fantastic team sport.

Book now for an extracurricular club they will never forget.



SCAN HERE FOR MORE INFORMATION
premier-education.com/parents



Based on over 15,000 reviews

“Very happy with my daughter's basketball classes, I love the treatment she receives from the staff and well, if my daughter is happy, her mother is too.”
Hellen - Parent



AFTER SCHOOL

GYMNASTICS CLUB

 **INSPIRING ACTIVITY**

 **SCAN HERE FOR MORE INFORMATION**
premier-education.com/gymnastics

 **Trustpilot**
Based on over 15,000 reviews

GYMNASTICS CLUBS AT YOUR SCHOOL!

Venue: Clenchwarton Primary School

Dates: Friday 12th Jan - 22nd March

Times: 3.15pm - 4.15pm

Price: £52.50

Ages: Open to all

Additional info: 10 weeks - Maximum 20 spaces

Our gymnastics clubs are a fantastic way for your child to experience gym – whether they are a regular gymnast, or it's their first time!

As a 'foundation sport', gymnastics uses strength, balance, coordination, and teaches children to develop the fundamental movement skills they need to lead a physically active lifestyle, as well as a healthy range of social and academic skills.

Book now for an extracurricular club they will never forget.



SCAN HERE FOR MORE INFORMATION
premier-education.com/gymnastics



Based on over 15,000 reviews

“My children love the gymnastics classes and they are always keen to show us what they have learnt when they get home.”

John - Parent

Start Active Before School Club

Morning childcare for busy parents.



Taking place in your school this term



SCAN HERE FOR MORE INFORMATION
or visit www.premier-education.com/parents/childcare/



Based on over 18,000 reviews

Let us take care of your childcare!

Evidence shows that a dose of physical activity before school hours start helps to engage children's minds and prepare them for the day ahead.

Our breakfast clubs offer mentally and physically stimulating activities which sharpen and focus the mind while waking up the body.

Parents can relax knowing their children are in safe hands as all staff have experience working with primary school children, have been DBS checked, and hold Emergency First Aid and Safeguarding certificates.

Clenchwarton Primary School

Before School
7:40am – 8:40am = £4.00

Book now at:
www.premier-education.com

Contact us at:
hcollison@premier-education.com



15% discount for siblings

COMMUNITY NEWS



ENGLAND
HOCKEY



**HOCKEY
HEROES**



PELICANS.H.C
Est. 1920

**A HERO
IN EVERY KID**









**A FUN WELCOMING PROGRAMME FOR ALL CHILDREN
AGED 5 – 8 TO TRY HOCKEY AND TO DEVELOP BOTH THEIR
PHYSICAL AND CHARACTER SUPERPOWERS**

FIND OUT MORE: hockeyheroes.co.uk

Starting at PELICANS HOCKEY CLUB, Lynnsport
On Saturday 24th February 2024 9:00am to 10:00am
Course runs for 8 Weeks
24 Places available – sign up ASAP using QR code





**CLENCHWARTON
PHOTOGRAPHY
COMPETITION**

CATEGORIES:

UNDER 12 YEARS 50p PER PHOTO	£25 PRIZE
12 - 17 YEARS 50p PER PHOTO	£35 PRIZE
18 YEARS & OVER £1 PER PHOTO	£50 PRIZE

(MAXIMUM 3 PHOTOS PER PERSON)

DEADLINE 31st MARCH 2024

Photographs must be recently taken within the village of Clenchwarton

Suggested printed size of photos 10 x 8 inches

Entry forms can be collected from the church

For further details, please contact
Jan 07725 940453

All proceeds for
St Margaret's
Church,
Clenchwarton



Get Help

Samaritans
116 123

Lily
01553 616200

**Wellbeing
Service**
0300 123 1503



Wellbeing

**Family Lives
Helpline**
0808 800 2222

**ECFS
(ages 0-5)**
0344 800 8020

Parentline Text
07520 631590



Parenting

Just One Norfolk
0300 300 0123

NHS 111 Online
111

Change Grow Live
01603 514096



Health

**West Norfolk
Carers**
01553 768155

Carers Matter
0800 083 1148

Short Breaks
0344 800 8020



Caring



Safety

Worried about a child's safety?

Children's Services 0344 800 8020
or NSPCC 0808 800 5000

In an emergency 999



Food Banks

King's Lynn
07582 558143

Hunstanton
07795 491154

Downham Market
07707 191674



Money Matters

Money Advice Hub
0333 305 7648

**Norfolk
Assistance Scheme**
0344 800 8020

**Christian's
Against Poverty**
0800 328 006



Housing Advice

**West Norfolk
Housing**
01553 616200

Shelter (King's Lynn)
0344 515 1860



Relationships

**Norfolk Family
Mediation**
01603 620588

**Norfolk Community
Law Service**
01603 496623

**National Domestic
Abuse Helpline**
0808 2000 247

PRIMARY SCHOOLS - Term Dates 2023-2024

September 2023						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October 2023						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2023						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2023						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2024						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2024						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March 2024						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2024						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May 2024						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June 2024						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

July 2024						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

August 2024						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Key: White dates – school open to pupils

Orange dates – pupil holiday

Purple dates – staff training day

Red dates – bank holiday

Staff training days are – Monday 4th September and Tuesday 5th September, Wednesday 3rd January and

Thursday 28th March 2024 as whole training days.

Monday 22nd July 2024 is disaggregated.