



# Clenchwarton Primary School Weekly Newsletter-26th January 2024



Hello everyone,

Should you need to contact Mrs Menday, Executive SENCO, please use the email address below: t.menday@wnat.co.uk.

Our children from The KS2 Choir Club have gone to the O2 Arena London today to perform at The Young Voices Concert, we wish them luck and hope they enjoy this fabulous experience.

As the weather is colder could you please ensure your child comes to school suitably dressed for the elements.

If you are having a tidy up, please support the Bag2School fundraising event.

All collections are to be brought in on Thursday 25th January 2024. Please supply your own bags on this occasion. These will be collected at 9am. Thank you for your support.

As always, we want to ensure that your experience at Clenchwarton Primary is a positive one and we will keep you informed of your child's progress or any other incidents which happen in school. If you have any concerns, in the first instance, please telephone or email the school office.

Best wishes

Ms J Borley (Executive Headteacher)





## **Attendance**

Reception: 96.52% Year 1: 94.07%

Year 2: 94.44% Year: 3: 97%

Year 4: 95% Year 5: 97.33%

Year 6: 95.19 %

Congratulations to \*Year 5\*





Governors email address: r.wenn@westnorfolkacademiestrust.co.uk SENCO email address: t.menday@wnat.co.uk



### P.T.A.

### Upcoming events:-.

Wednesday 7th February 2024 — Disco

Tuesday 23rd April 2024— PTA bingo

Wednesday 22nd May 2024—KS1 cinema club

Thursday 23rd May 2024—KS2 cinema club

Friday 5th July 2024—Summer Fayre

If you have any queries, please speak to Miss Kelly Childerhouse (Chair). clenchwartonpta@gmail.com

Thank you for your support.





### **Polite Reminder**

Please be reminded that the double gates are for entry to the school and the single gate is to be used on exit. This is so we can ensure that everybody is safe.

### **Water Bottles**

Please make sure that only water is in your child's class water bottle. They are allowed squash for their lunch box drinks (No fizzy Prime bottles please).



### **Healthy Snacks**

Pupils can bring in a healthy snack to eat at playtime. E.g. fruit, cereal bars (no nuts), raisins, vegetable sticks, etc.

Crisps and chocolate are not allowed as a snack but can be put in your child's lunch box for lunchtime. We are encouraging a healthy lifestyle!



Gail Scott is our Attendance and Pastoral support officer for Clenchwarton Primary School. Mrs Scott can be contacted by emailing:g.scott@westnorfolkacademiestrust.co.uk



### Have your circumstances changed recently?

You may be eligible for Free School Meals!

The school receives funding for each child who comes under Pupil Premium (including FSM). You can apply

https://www.gov.uk/apply-free-school-meals.

Families in hardship and needing wider support

In addition to the offer of FSM vouchers for eligible families, there is support available for families who are facing hardship and need support. Anyone experiencing hardship may be able to receive support through the Norfolk Assistance Scheme (NAS), which may be able to provide support for food, fuel, clothes and other essential household items to families experiencing hardship. Wider support from a range of partners can then also be made available with NAS working alongside the Children's Services Community and Partnerships service. Families may get in touch with NAS via their dedicated website which includes an online application form, at Norfolk Assistance Scheme - Norfolk County Council or if they cannot access the internet, they can call 0344 800 8020.



### **ParentPay Lunches**

Please book school lunches via ParentPay before midnight on a <u>Sunday</u>. Thank you.

Please make any outstanding payments on ParentPay ASAP. All payments will need to be made online as we are now a cashless school



Price increase from 1st April 2023 will be £2.50 per meal.

### Free Schools Meals on-Line

Please visit:- https://www.gov.uk/apply-free-schoolmeals.

### Lunchtime Co—NEW MENU TO USE FROM W/C 30.10.2023



Please see the school website for the menu. If your child has any dietary requirements that we are not aware of, please inform the school office. Special meal—Taste of America is on Thursday 18th January 2024. No alternative available on this day. All Bookings should be made via ParentPay, by midnight on a Sunday. If you do not choose your child's option, we will only be able to provide your child with a hot meal from now on. Please note that due to food supply issues the kitchen are doing their very best to accommodate, but the menu may be subject to change. Thank you.









\*Please be aware that dates are for guidance only and are subject to change.

Diary dates are also located on the school website. Please note that the West Norfolk Academies Trust school calendar for 2023/2024

2024/2025 can be located from the school's website. School holiday dates are slightly different to NCC.

Friday 19th January 2024	Choir Club—Young Voices @ O2 Arena, London.
Thursday 25th January 2024	Active Kids Festival –Lynn sport, selected children KS1. Permission via ParentPay.
AME SACROS.  TO CHICAGO CONTROL CONTRO	Bag2School collection today. All bags to be brought in by no later than 9am.
Friday 26th January 2024	NHS Dental Survey– Selected YR and Y1 children.
Friday 2nd February 2024	NSPCC Number Day.
Wednesday 7th February 2024	PTA Disco— KS1 4:45 - 5:45pm, KS2 6 - 7pm.
Thursday 8th February 2024	Aim High— Maths Workshop Whitefriars School selected Y4 children.
Monday 12th February 2024	New date—SSP Tag Rugby—Year 5—Selected.
Friday 16th February 2024	School closes at the usual time of 3.15pm for half term.
Monday 26th February 2024	School opens-8.45am registration.
Thursday 29th February 2024	Girls Football Festival—Lynnsport—Selected KS2 children during school time.
Monday 4th March 2024	National Child Measurement Programme—Y6 Children
Wednesday 6th March 2024	SSP Dance Festival Corn Exchange— More details to follow.
Monday 11th - 14th March 2024	Y5/Y6 Bikeability— Selected children , permission slip on ParentPay .
Thursday 21st March 2024	YR Spring term assembly— 2:45pm Parents invited.
Tuesday 12th March 2024	YrR NCMP/ Vision and Hearing - More details to follow
Wednesday 13th March	Y1 Spring term assembly—2:45pm parents invited.
Thursday 14th March 2024	SSP Bee Netball Festival Year 3&4—More details to follow.
Thursday 14th March 2024	Y5Spring term assembly—2:45pm parents invited
Wednesday 20th March 2024	Y2 Spring term assembly—2:45pm parents invited.
Tuesday 26th March 2024	Y6 Spring term assembly—2:45pm parents invited.
Monday 22nd April 2024	Year 6—Trip to Duxford Imperial War Museum.—More details to follow.
Wednesday 24th April 2024	Year 4— Trip to be confirmed.
Wednesday 1st May 2024	Yr6 Crucial Crew visit—More details to follow.
Friday 10th May 2024	Y3/Y4 Bikeability - selected children .
Wednesday 22nd may 2024	PTA Disco - KS1 4:45 - 5:45pm, KS2 6 - 7pm.
Thursday 9th June 2024	YR Summer term open classroom— 2:45pm parents invited.
Wednesday 12th June 2024	Y1 Summer term open classroom—Afternoon (tbc)
Wednesday 19th June 2024	Y6 London Theatre Trip— More details to follow.
Tuesday 25th June 20241	Y5 Summer term open classroom— 9:30am parents invited.
Monday 8th to Friday 12th July 2024	Year 6 Hilltop residential.



### After School Clubs will run from w/c Monday 8th January to Friday 22nd March 2023

unless otherwise stated,

Spring 1 & 2 terms

Day	After School Club	Who with:
Tuesday	Multi-sports— <i>Spaces still available</i> Computer Club—KS2—6 weeks only- limited spaces	ICS coaching—Booking via ParentPay Mrs Howells-Booking via ParentPay
Thursday	Basketball—Spaces still available	Premier Sports premier-education.com to book!
Friday	Gymnastics— <i>Spaces still available</i>	Premier Sports premier-education.com to book!

This is for your information:- Pupils to be shown how to dress appropriately for PE/Swimming (appropriate clothing, long hair tied back away from the eyes, no hard head accessories)

Earrings. Ideally pupils will remove earrings however, pupils unable to remove earrings should make them safe by taping, front and back, which may offer a measure of protection. The taping should be sufficient to prevent the stud post penetrating the bone behind the ear should an unintentional blow be received from equipment such as a ball or a person. The taping may be done at home for younger children (as stated Safe Practice in PE and School Sport and Physical Activity 2016).

\*\*\*This term (Spring 1) our allocated PE days for each class are as follows:-

Tuesday - Y2 & Y5 Wednesday - Y3 & Y6 Thursday - YR Friday - Y4 & Y1

Please send your child to school in full PE uniform on their allocated day, thank you.



# MANACING SCREEN TIME

BUY

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

### GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a wolk.

Even a strall to the lead shap would do the recenthing is getting some lessh oir and a break from your screen.

### TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chare, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goe off!

### **GO DIGITAL DETOX**

Challenge yourself and your formity to take time off from someon, finding other things to do. You could start all with host a day, then build up to a full day or even all entire weekend.

### LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing then the way, and it might stop some of those grumbles when you do worst to an onlier.

### AGREE TECH-FREE ZONES

Wentrate some spots at home where devices aren't discused. Anywhere your family guthern together, six at the table or in the bring room, could become a the choice was:

### HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's CK to use devices. This should help everyone to befonce time on phones or gaming with enjoying quality moments together.

### BE MINDFUL OF TIME

Stoy aware of how long you've been on your device for. Controlling how much time you spend in potentially streach lawes of the internet - like social media platforms - oan also boost your welltone.

### PARK PHONES OVERNIGHT

tet up an overright changing station for everyone's devices - prefercibly away from bodrooms That means less semptotion for late-night scrolling.

### SWITCH ON DND

executh shows that victor-districtions like message letts and push noofications can hip away at our concentration vels. Fut devices on 'do not isturb' until you're less busy.

### TAKE A FAMILY TECH BREAK

Set aside pertain times when the whate family puts their gadgets away and enjoys on activity tagether: playing a board game, going for a walk or but howen a chest.

# SOCIALISE WITHOUT

When you're with friends, try not to subornatically involve phones, TVs ir other tech. Hoving company can le loads more fun if your attention on't being cost.

### WIND DOWN PROPERLY

ry staying off phones, consoles, oblets and so on just before you go a sleep. Reading or just getting amby in bed for a while can give ou a much more reaths right.

### Meet Our Expert

Which was being a minute and the first any position in program or forest investigation professions. They then provide intering and apporting about the major temperature and their minutes are according to the following and the first the according to the forest to the part of the acting to a second the first the according to the first to the provide and the second to the part of the according to the according to the provide and the second to the part of the according to the provide and the second to the part of the according to the provide and the second to the part of the according to the part of the according to the part of the according to the part of the p



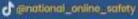
The National College























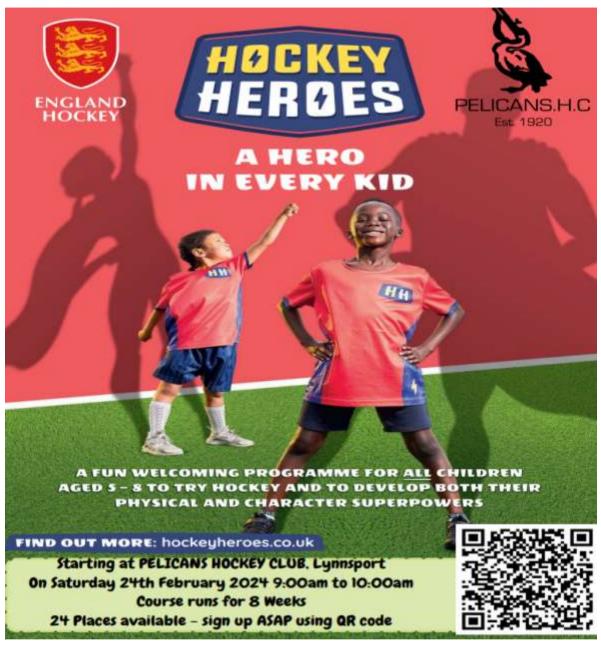
Evidence shows that a dose of physical activity before school hours start helps to engage children's minds and prepare them for the day ahead.

Our breakfast clubs offer mentally and physically stimulating activities which sharpen and focus the mind while waking up the body.

Parents can relax knowing their children are in safe hands as all staff have experience working with primary school children, have been DBS checked, and hold Emergency First Aid and Safeguarding certificates.



# **COMMUNITY NEWS**











Wellbeing Service 0300 123 1503



Wellbeing

Family Lives Helpline 0808 800 2222

ECFS (ages 0-5) 0344 800 8020

Parentline Text 07520 631590



Parenting

Just One Norfolk 0300 300 0123

NHS 111 Online

Change Grow Live 01603 514096



Health

West Norfolk Carers 01553 768155

Carers Matter 0800 083 1148

Short Breaks 0344 800 8020



Caring



Worried about a child's safety? Children's Services 0344 800 8020 or NSPCC 0808 800 5000 In an emergency 999



Food Banks

07582 558143

Hunstanton 07795 491154

Downham Market



**Money Matters** 

Money Advice Hub 0333 305 7648

Norfolk Assistance Scheme 0344 800 8020

Christian's Against Poverty 0800 328 006



**Housing Advice** 

Housing 01553 616200

Sheller (King's Lynn) 0344 515 1860



Relationships

Norfolk Family Mediation 01603 620588

Norfolk Community Law Service 01603 496623

National Domestic Abuse Helpline 0808 2000 247



# PRIMARY SCHOOLS - Term Dates 2023-2024

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White dates - school open to pupils Key:

Purple dates - staff training day Red dates - bank holiday

Staff training days are – Monday 4th September and Tuesday 5th September, Wednesday 3rd January and Thursday 28th March 2024 as whole training days.

Monday 22<sup>nd</sup> July 2024 is disaggregated.