



USED UNI<u>FORM</u>

SALE

Lost Proper

Hello everyone,

Welcome back. We hope you all had a lovely Easter break.

Mrs Scott will be holding a 'Used Uniform' event on the following dates:-

Wednesday 24th April @ 8.35am & 3.15pm. Wednesday 22nd May @ 8.35am & 3.15pm. Wednesday 26th June @ 8.35am & 3.15pm. Wednesday 17th July @ 8.35am & 3.15pm.

On Tuesday 23rd April 2024 will be the PTA bingo. Doors open at the school at 6pm and eyes down for 7pm. We hope to see you then.

On Wednesday 8th May we are holding our first coffee and cake afternoon at 2.30pm at Clenchwarton Primary School. We will be joined by Sarah from the Family Hub. Sarah will be available for a friendly chat and to offer signposting to activities and services for all your family support needs in the local area. We look forward to welcoming you all. If you require any further information please email <u>g.scott@westnorfolkacademiestrust.co.uk</u>

As always, we want to ensure that your experience at Clenchwarton Primary is a positive one and we will keep you informed of your child's progress or any other incidents which happen in school. If you have any concerns, in the first instance, please telephone or email the school office.

Best wishes

Ms J Borley (Executive Headteacher)



<u>Attendance</u>

Reception: Year 1: Year 2: Year 3:

on: 93.91% 99.26% 95.19% 97% Year 4: 99.33% Year 5: 91.33% Year 6: 91.48%

Congratulations to *Year 4*



www.clenchwartonprimary.co.uk

Governors email address: r.wenn@westnorfolkacademiestrust.co.uk SENCO email address: t.menday@wnat.co.uk



Premier Education—After School Clubs



ducation

We're holding exciting sessions at your school, so make sure you get your kids signed-up with our quick and easy online booking system.

Visit our website to see what's running at your school this term

Trustpilot

Before &

After School

Clubs at your School...

www.premier-education.com

Search Premier – Cambridgeshire & West Norfolk

What Parents & Educators Need to Know about



Energy drinks are highly caffeinated beverages often consumed for a quick energy boost. However, excessive intake can lead to health risks like increased heart rate and sleep disturbances. Statistics underline these products' popularity among young people – many of whom consume them regularly. Here's our expert's advice on addressing the concerns surrounding energy drink consumption in adolescents.

HIGH CAFFEINE CONTENT

ngy drinks contain high levels of Teine: often much more than a typical cup of fee or flazy drink. Excessive caffeine nsumption can lead to increased heart rate, h blood pressure, anxiety, insomnia, estive issues and - in extreme cases -re severe conditions. For children and es are still developin can be particularly

INCREASED RISK OF HEART PROBLEMS

nulants found in energy drinks can put sin on the cardiovascular system. ntially, this could lead to irregu

IMPACT ON MENTAL HEALTH



10 M **1** LINKS TO SUBSTANCE ABUSE

POTENTIAL FOR DEPENDENCY

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The

National

College

Advice for Parents & Educators

LIMIT CONSUMPTION

wise to educate young people about the potential risks related to energy sks, emphasising the consequences of excessive caffeine consumption, ourage healthier alternatives like water, herbal teas or natural truit juices del healthy behaviours by restricting your own consum creating a supportive environment for informed choices of energy

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PROMOTE HEALTHIER HABITS

X @wake_up_weds

rs of energy drink consumption or critically er rage children and young adults to critically er en and make informed choices about their he of the second second

Meet Our Expert

Dr Jason O'Rourke, Headteacher of Was ns food education and sustainability – and his school holds the Soll Association's prestigious Gold Catering Mark, Jacon has spoken about food education at Westminister briefings and overseas. A member of the All-Party Parliamentary Group on School Food, he co-founded Tasttd, a sensory load education charity

Source: See hill reference that a guidal page of: notionalcollege.com/guides/entropy-diffe

f /wuw.thenationalcollege Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 17.04.2024

(O) @wake.up.wednesday

ADVOCATE FOR REGULATION

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SET A POSITIVE EXAMPLE

C @wake.up.weds

How can I help improve my child's literacy?



Turn On The Subtitles

When children watch TV or a device with the subtitles switched on, they can double their chance of leaving school a great reader.



Don't stop reading to your child.

Reading to your child til the age of 13/14 still has huge benefits as it allows them to focus on the complex vocabulary and ideas in the story.



For the reluctant reader - read anything!

Any form of reading in a topic they are interested in and in any format counts!

Did you know you can download lots of old comics for free at www.digitalcomicmuseum.com?



Try free electronic books from your Library service

Reading online can also offer you options to increase font size, change background colours - all of which can impact readability.

www.oxfordowl.co.uk also has lots of free eBooks for children age 3 - 11.



How about turning reading into a game?

NightZooKeeper.com keeps children interested using fun, engaging games and provides parents personalised reports on how it's going. Note; there's a monthly fee with this one though.



Find out more at <u>www.turnonthesubtitles.org</u> Email us at hello@turnonthesubtitles.org



Did you know that watching TV with the subtitles turned on can double the chance of a child leaving school a proficient reader?

Turn over for more top tips on helping your child's literacy

Find out more at <u>www.turnonthesubtitles.org</u> Email us at <u>hello@turnonthesubtitles.org</u> Follow us on social media at @totsworldwide



A vonderful opportunity to make base together Starting Vednesday 17th April Springing String Orchestra): Suitable for all Stringed Instruments (Violin, Viola, Cello, Double Bass)

Where: Springwood High School

When: Wednesdays, 3.45-4.45pm (term time)

Who: Beginner to Grade 2; any ages up to 12 who are starting on their musical journey

Cost: FREE

As part of our ongoing commitment to make music available to all, Springwood High School is excited to announce the formation of two new Beginner Music Ensembles after Easter. Each group will be led by two experienced professional musicians/teachers.

Suitable for Primary-aged children and also those in Year 7 who are starting on their musical journey the groups will be aimed for those that have been playing for around a term to approximately Grade 2 standard.

To register interest please complete the form at https://forms.gle/FLoL91R9Hvi2qTwa8

Any queries please contact music@springwoodhighschool.co.uk



Upcoming events:-

The next PTA meeting is on Monday 13th May 2024—5pm at Clenchwarton Primary School.

Tuesday 23rd April 2024— PTA bingo. <u>Doors open at 6pm and eves down for</u> <u>7pm.</u>Donations would be very much appreciated. Please drop these in to the school office. Many thanks.

Wednesday 22nd May 2024—KS1 Disco—4:45pm—5:30pm KS 2 Disco 5:45—6:30pm

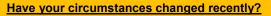
Friday 5th July 2024—Summer Fayre.

Many thanks for your continuing support.

If you have any queries, please speak to Miss Kelly Childerhouse (Chair). clenchwartonpta@gmail.com

Thank you for your support.

PTA





The school receives funding for each child who comes under Pupil Premium (including FSM). You can apply online:-

https://www.gov.uk/apply-free-school-meals.

Families in hardship and needing wider support

In addition to the offer of FSM vouchers for eligible families, there is support available for families who are facing hardship and need support. Anyone experiencing hardship may be able to receive support through the Norfolk Assistance Scheme (NAS), which may be able to provide support for food, fuel, clothes and other essential household items to families experiencing hardship. Wider support from a range of partners can then also be made available with NAS working alongside the Children's Services Community and Partnerships service. Families may get in touch with NAS via their dedicated website which includes an online application form, at <u>Norfolk Assistance Scheme - Norfolk County Council</u> or if they cannot access the internet, they can call **0344 800 8020**.

BINGO : NIGHT:



Water Bottles

Please make sure that only water is in your child's class water bottle. They are allowed squash for their lunch box drinks (No fizzy or Prime bottles please).



Attendance & Pastoral

Support

Gail Scott is our Attendance and Pastoral support officer for Clenchwarton Primary School. Mrs Scott can be contacted by emailing:-

g.scott@westnorfolkacademies trust.co.uk



ParentPay Lunches

<u>Please</u> book school lunches via ParentPay before midnight on a <u>Sunday</u>. Thank you.

Please make any outstanding payments on ParentPay ASAP. All payments will need to be made online as we are now a cashless school.

Price increase from 1st April 2024 will be £2.60 per meal.



Free Schools Meals on-Line

Please visit:- https://www.gov.uk/apply-free-school -meals.

Healthy Snacks

FREE MEALS

> Pupils can bring in a healthy snack to eat at playtime. E.g. fruit, cereal bars (**no nuts**), raisins, vegetable sticks, etc.

Crisps and chocolate are not allowed as a snack but can be put in your child's lunch box for lunchtime. We are encouraging a healthy lifestyle!



Lunchtime Co—NEW MENU TO USE FROM W/C 01.04.2024.

Please see the school website for the menu. If your child has any dietary requirements that we are not aware of, please inform the school office. Our next special meal is on Tuesday 23rd April 2024. All Bookings should be made via ParentPay, by midnight on a *Sunday*. If you do not choose your child's option, we will only be able to provide your child with a hot meal from now on. Please note that due to food supply issues the kitchen are doing their very best to accommodate, but the menu may be subject to change. Thank you.





W Diary Dates
 Please be aware that dates are for guidance only and are subject to change.
Diary dates are also located on the school website. Please note that the West Norfolk Academies Trust school calendar for 2023/2024 2024/2025 can be located from the school's website. School holiday dates are slightly different to NCC.

Monday 22nd April 2024	Year 6—Trip to Duxford Imperial War Museum. Payment via ParentPay. Thank you.
Tuesday 23rd April 2024	Special Lunch today—No alternatives available.
	PTA - Bingo. Doors open at 6pm.
Wednesday 24th April 2024	Year 4—Trip to Norwich Theatre Payment via ParentPay. Thank you. Uniform Sale—8.35am and 3.15pm
Tuesday 30th April 2024	Tri-Golf event at Walpole Cross Keys—Selected.
Wednesday 1st May 2024	Year 6—Crucial Crew Trip. Payment via ParentPay. Thank you.
Thursday 2nd May 2024	Year 1—Judaism & Shabbat Workshop—Payment via ParentPay. Thank you.
Monday 6th May 2024	BANK HOLIDAY—School closed.
Tuesday 7th May 2024	Year 4—Summer term open classroom-9-10am. Parents invited. NEW TIME! Girls Tag Rugby Event at West Norfolk Rugby Club—Selected.
Wednesday 8th May 2024	2.30pm—Coffee Afternoon—Family Hub—Parents invited.
Friday 10th May 2024	Year 3/Year 4 Bikeability—Selected children .
Monday 20th May 2024	Bags2School collection @ 9am.
Wednesday 22nd May 2024	PTA Disco—KS1 4:45—5:30pm & KS2 5:45—6:30pm. <i>TIME CHANGE</i>
Friday 24th May 2024	School closes at the usual time of 3.15pm for half term.
Monday 3rd June 2024	School opens-8.45am registration
Thursday 6th June 2024	Year R Summer term open classroom— 2:45pm. Parents invited. SSP Tennis Festival at Lynnsport. Selected. Year 2—Summer term open classroom—2.30pm. Parents invited.
Tuesday 11th June 2024	Year 3—Stories of Lynn & Lynn Museum Trip. More details to follow.
Wednesday 12th June 2024	Year 1—Summer term open classroom—2.30pm. Parents invited
Friday 14th June 2024	NSPCC Speak Out Stay Safe—more details to follow.
Tuesday 18th June 2024	SSP Dance Festival at King's Lynn Corn Exchange. Selected. New Reception intake evening.
Wednesday 19th June 2024	Year 6—London Theatre Trip. Year 3—Summer term open classroom—11am. Parents invited.
Monday 24th June 2024	Area Sports at St Clements High School. Selected.
Tuesday 25th June 2024	Year 5—Summer term open classroom— 9:30am. Parents invited.
Thursday 27th June 2024	Year 6—Summer term open classroom—2.30pm. Parents invited. New Reception children Stay and Play session Active Kids Festival at Lynnsport. Selected.
Monday 1st July 2024	Sports Day—KS1 10:00-11:30 & KS2 1:30-3:00—Weather permitting!
Tuesday 2nd July 2024	Year 5—Trip to Gressenhall Farm & Workshop.
Thursday 4th July 2024	SSP Quadkids at Lynnsport—(TBC). Move up day. Year 6—Transition Day at St Clements High School.
Monday 8th to Friday 12th July 2024	Year 6—Hilltop residential.
Tuesday 9th July 2024	Year 5—Opportunity Day at St Clements High School.
Wednesday 10th July 2024	Year 3—Sandringham Classroom Day Trip. More details to follow.
Thursday 11th July 2024	SSP Tennis Festival at Lynnsport—Selected.
Friday 19th July 2024	School closes at the usual time of 3.15pm for summer holidays.



<u>After School Clubs will run from w/c Monday 15th April to Friday 24th May 2024 unless otherwise stated.</u>

<u>Clubs are on a first come first serve basis and will be available to book from Monday 25th March 2024.</u> <u>Summer term 1.</u>

Day	After School Club	Who with:
Tuesday	Multi-sports—20 Spaces available Last session on 9th July 2024	ICS coaching—Booking via ParentPay.
Tuesday	IT Club— KS2 only—10 spaces available. Last session on 21st May 2024	Mrs Howells— Booking via ParentPay.
Tuesday	Art Club—Rec, Y1 & Y2 only—10 spaces available. Last session on 21st May 2024	Mrs Williams and Miss Golding— Booking via ParentPay.
Tuesday	Board Games Club—20 spaces available. Last session on 21st May 2024	Mrs Ryan—Booking via ParentPay.
Wednesday	Cross-stitch— Y3 & Y4 only—6 spaces. Last session on 22nd May 2034	Mrs Tarsey— Booking via ParentPay.
Thursday	Dodgeball Last session on 11th July 2024 <u>https://www.premier-education.com/</u> parents/venue/courses/2396-882767/	Premier Sports premier-education.com to book!
Friday	Gymnastics Last session on 12th July 2024 https://www.premier-education.com/ parents/venue/courses/2396-882775/	Premier Sports premier-education.com to book!

This is for your information:- Pupils to be shown how to dress appropriately for PE/Swimming (appropriate clothing, long hair tied back away from the eyes, no hard head accessories)

Earrings. Ideally pupils will remove earrings however, pupils unable to remove earrings should make them safe by taping, front and back, which may offer a measure of protection. The taping should be sufficient to prevent the stud post penetrating the bone behind the ear should an unintentional blow be received from equipment such as a ball or a person. The taping may be done at home for younger children (as stated Safe Practice in PE and School Sport and Physical Activity 2016).

Summer Term 1 our allocated swimming days for each class are as follows w/c 22nd April 2024:-

Monday—Year 1 (AM)* Tuesday—Reception (AM) and Year 6 (PM)* Wednesday—Year 5 (PM)* Thursday—Year 3 (PM)* Friday—Year 2 (AM) and Year 4 (PM)* *Subject to change

If you are available to volunteer to help out with swimming, please see Mrs Higby in the school office. Thank you. <u>Please be reminded that children will need a towel, appropriate swimwear and a bag to put wet items in.</u>



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COMMUNITY NEWS



Football Training Session For Reception To Year 3 at West Lynn Sports & Social Club



Mindfulness Sessions (online)



Benefits of Mindfulness

*reduces stress and anxiety *helps us to stay in the moment *improves our mood *boosts attention and concentration *helps you address difficult emotions

Weekly sessions

(10 weeks starting w/b 4th March)

KS1 3.45pm - 4.25pm Fridays KS2 4.30pm - 5.10pm Fridays KS3 and KS4 5.15pm - 5.55pm Wednesdays (perfect for the lead up to and through tests and exams)

£3 per child a session (£30 payable up front)

Message me for more details or to book thekalmingpurplepatch@gmail.com (25 years teaching experience, DBS Registered, Mindfulness and Meditation Trained)



COUNTERING EXTREMIST NARRATIVES SYNOPSIS

Project Description

These essions are for parents, carers and youth workers. They will assist in awareness and information about those radicalisation and extremism. The sessions will be run by a former reformed Extreme Right-Wing (ERW) activist and mentor who now supports people to leave extremism and helps them build resilience for the future.

Duration and capacity 2 hours session, for up to 50 people

Where? Microsoft Teams

Who? Parents, carers and youth workers

 When?

 22nd April 10 - 12pm

 25th April 16 - 8pm

 29th April 12:30 - 2:30pm

 14th May 12:30 - 2:30pm

 (please select only one date to attend)

Have any questions? Get in touch: ask@smallsteps.ltd

Workshop will include

· Extremist narratives explained including groups, recruitment techniques (highlighting similarities between extreme right-wing and Islamic / faith extremism) and strong counter-narratives

Online space, social media platforms, games and chats used by extremist activists.

• Support attendees to have difficult conversations with susceptible people, how to find out their concerns and where to get specialist support.

• Explain the Prevent process and improve parents and carers confidence in making an appropriate referral. Signs of radicalisation to look out for.

· How extremists specifically target people with Autism, people who have suffered abuse, have been bullied etc.

· Life time access to a secure online forum with support material ·Promote partnership working, so local

resilience can be developed.

If you are worried about a young person, please contact the Suffolk Customer First team at 0808 800 4005 or Norfolk County Council at 0344 800 8020. If urgent call 999.



FAMILIES **AGAINST RACISM** AND EXTREMISM

Sessions for parents, carers and youth

young person, these sessions will support you, provide information about online radicalisation and

workers: If you are worried about a

extremism and where you can get help.



Click here to register via Eventbrite





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18th June 2024—Euro Speed Kick Challenge



WHO'S GOT THE HARDEST SHOT IN THE CLASS?

PREMIER EDUCATION UNDERSTAND THE FINANCIAL STRAINS THAT SCHOOLS FACE. WITH THIS IN MIND WE HAVE DEVELOPED A FUNDRAISING EVENT TO GET CHILDREN ACTIVE AND RAISE MONEY FOR BOTH THE SCHOOL AND A CHARITY OF THE SCHOOL'S CHOICE.

With a summer of european football ahead, we're glad to once again be able to support our schools with this amazing event!

★ Over £30,000 raised for schools in the last 3 years. ★ No school has ever raised themselves less than £800. ★ An additional 10% is donated to a charity of the school's choice by Premier Education. ★ All administration and organisation is provided by Premier Education. WE'RE OFFERING OUR PREMIER EDUCATION SPEED KICK CHALLENGE TO HELP RAISE MONEY FOR SCHOOLS IN THE AREA.

This is a great way to get behind the home nations this summer, as they look to go one better than last time around and win the tournament.

All children receive a certificate of participation, along with trophies for the top scoring boy and girl in each class. There are also prizes available if certain milestones for fundraising are achieved.

The emphasis of the event is fun, with the school, parents and children, coming together as a team to raise much needed funds, with the added bonus of helping a charity of the schools choice at the same time.

ALL ADMIN IS COMPLETED BY THE PREMIER EDUCATION TEAM AND THE EVENT ONLY TAKES 30 MINUTES PER CLASS ENSURING AS LITTLE DISRUPTION AS POSSIBLE TO THE SCHOOL TIMETABLE.

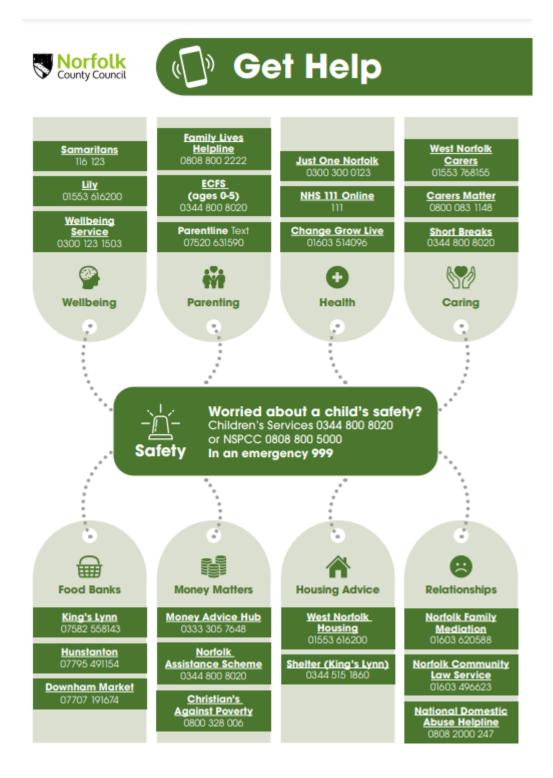
An enjoyable all-inclusive event where all children took part in a football fundraiser in celebration of the world cup. Not only did the school benefit from the fundraiser, we also raised money for a charity that is close to the school's heart. A great day and everyone enjoyed it! We will be doing this again!

> Deputy Headteacher Fawbert and Barnard's

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PRIMARY SCHOOLS - Term Dates 2023-2024

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