



# Clenchwarton Primary School Weekly Newsletter- 7th June 2024

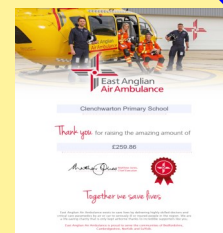


Hello everyone,

Welcome back. We hope you all had a lovely half term!

A grand total of £259.86 was raised for the Air Ambulance. Thank you for your support.

Lilacmoon Photography proofs have been emailed. The deadline is 19th June for online orders.



We will be joining forces with Premier Education to celebrate this years European Championships and raise money with a sponsored speed kick challenge all details are below.



Our lovely PTA ladies will be holding a bake sale on the 20th/21st June to raise funds all donations would be gratefully received.

Mrs Scott will be holding a 'Used Uniform' event on the following dates:-

**Wednesday 26th June @ 8.35am & 3.15pm.**

**Wednesday 17th July @ 8.35am & 3.15pm.**



**Polite reminder that we are a nut free school. Please ensure there are no nut products in snacks or pack lunches. Thank you for your understanding.**

As always, we want to ensure that your experience at Clenchwarton Primary is a positive one and we will keep you informed of your child's progress or any other incidents which happen in school. If you have any concerns, in the first instance, please telephone or email the school office.

Best wishes



Ms J Borley  
(Executive Headteacher)



## Attendance

Reception:	90.4%	Year 4:	98.62%
Year 1:	95.19%	Year 5:	98.67%
Year 2:	96.54%	Year 6:	85%
Year 3:	98.33%		

**Congratulations to \*Year 5\***



[www.clenchwartonprimary.co.uk](http://www.clenchwartonprimary.co.uk)

Governors email address: [r.wenn@westnorfolkacademiestrust.co.uk](mailto:r.wenn@westnorfolkacademiestrust.co.uk)

SENCO email address: [t.menday@wnat.co.uk](mailto:t.menday@wnat.co.uk)



## Y3 /4 Tennis Tournament at Lynn Sport.



# IMPORTANT INFORMATION



## Penalty Notice Fines for School Attendance are changing!

With the introduction of the new National Framework for Penalty Notices, the following changes will come into force for Penalty Notice Fines issued **after 19th August 2024**.

### **Per Parent, Per Child**

Penalty Notice Fines are issued to each parent, for each child that was absent. For example: 3 siblings absent for term time leave, would result in each parent receiving 3 separate fines.

### **National Threshold**

There will be a single consistent national threshold for when a penalty notice must be considered by all schools in England of 10 sessions (usually equivalent to 5 school days) of unauthorised absence within a rolling 10 school week period. These sessions do not have to be consecutive and can be made up of a combination of any type of unauthorised absence. The 10-school week period can span different terms or school years.

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### **First Offence**

The first time a Penalty Notice is issued for unauthorised absence the amount will be:

- £160 per parent, per child paid within 28 days.
- Reduced to £80 per parent, per child if paid within 21 days.

### **Second Offence (within 3 years)**

- The Second time a Penalty Notice is issued for unauthorised absence the amount will be:
- £160 per parent, per child paid within 28 days.

### **Third Offence and Any Further Offences (within 3 years)**

- The third time an offence is committed a Penalty Notice will not be issued and the case will be presented straight to the Magistrate's Court. Prosecution can result in criminal records and fines of up to £2,500.
- Cases found guilty in Magistrates' Court can show on the parent's future DBS certificate due to 'failure to safeguard a child's education'.

# ***IMPORTANT INFORMATION***

## **Administration of Medicines at School**

If your child needs prescribed medication/inhalers during school hours, please make sure a medication form is filled out. For asthma, a separate individual healthcare plan also needs to be filled out. These can be found on our website following the link below or from the school office.

*<https://www.clenchwartonprimary.co.uk/page/?title=Downloadable+Forms&pid=45>*

**The form and the medication then needs to be handed in at the office.** Please make sure the medicine is in the original container with the prescription label attached. This way we are able to check that the information and medication are correct before passing onto the class staff.

Please note; we are unable to administer medication that is not prescribed such as Calpol or Nurofen. If your child does need non-prescribed medication during the school day, we ask that you arrange to come in yourself to administer it.

Thank you.



**Clenchwarton Primary Sponsored 2024 EURO Speed Kick Challenge.**

Dear Parent,

Clenchwarton Primary and Premier Education have joined forces to run a Sponsored Speed Kick Challenge to get the children active, raise money for the school and celebrate this year's European Championships

The competition enables each participant to take 3 strikes of the ball into the inflatable speed chamber, which measures the speed of the shot, with the most powerful kick being recorded. The activity is for boys and girls in all classes as we aim to raise money for the school and a charity of their choice.

The event will take place on **Tuesday 25th June** on the school playing field, with each class coming out one at a time to avoid any major disruptions to the normal school timetable. Children will be required to bring outdoor sports shoes and wear a coat. In the event of bad weather, the event may take place in the school hall.

The aim of this event is to raise money for the school and for the children to have fun. No previous experience is needed. All children who participate and make a donation of any size will receive a certificate. On the day your child will receive a letter to confirm how hard they managed to kick the ball to enable them to collect their sponsorship money. All monies must be handed in to the school office in a sealed envelope with your child's name and class on the front by **Friday 5th July**.

A cheque for the amount of money raised will be presented to the school in an assembly, along with certificates and the relevant prizes earned by the children that take part. This will take place on week commencing **15th July**.

Your child now has a couple of weeks to collect as many sponsors on their form as possible, with your guidance. We have advised the children who the people are they can SAFELY ask for sponsorship.

We can also provide the following incentives:

- **The highest scorer in each class (Boy & Girl) will receive a Medal.**
- **Any child raising £20 or more will receive a water bottle.**
- **Any child raising £40 or more will receive a water bottle and a PE bag.**
- **Any child raising £60 or more will receive a water bottle, a PE bag and a branded leather football.**
- **The child that collects the most sponsorship money will also receive the replica shirt of a team of their choice.**

We look forward to seeing you on the day

**Let's educate  
and activate  
the world.**




**Premier Education Group, Shropham, Norfolk NR17 1EJ**

01953 499 040 • [info@premier-education.com](mailto:info@premier-education.com) • [premier-education.com](http://premier-education.com)

Registered Office: Old Apple Store, Church Road, Shropham, Aylsham, Norfolk, NE17 1EJ  
Registered Number: 05922156  
VAT Number: 957 7797 66



## Where can I get help?

- **Make sure they know where to go for support:** let them know that they can come to you with any concerns and won't be judged. It's also important to make them aware of other trusted adults or sources of support, if they feel they can't talk to you, such as Childline.  

- If you or your child are **worried about anything you have seen online**, report it immediately to the site or platform where you saw it. Once you have done this, you can report to **REPORT HARMFUL CONTENT**.  

- You can make a report directly to CEOP if something has happened online which has made you feel unsafe, scared or worried.  

- If your child comes to you for help, **Reassure them that they've done the right thing by telling you:** make sure they know they are not to blame for what has happened and they have done the right thing to ask for your help.
- **Keep the evidence** of offending emails, text messages or online conversations. Remember never view, copy, print or share an indecent image of a child.

## Financially motivated sexual extortion

### What is it?

Financially motivated sexual extortion is a type of online blackmail often known in the media as 'sextortion'. Children and young people worldwide are being targeted.

This type of crime involves an adult offender (often from an organised crime group based overseas) threatening to release nude or semi-nude images and/or videos of a child or young person, unless they pay money, or meet another financial demand.

A child or young person is never to blame if they have been a victim. Offenders will have tricked, groomed and/or manipulated them into sharing an image.

### Sharing nudes or semi-nudes

It is an **offence to make, distribute, possess or show nude or semi-nude images** involving anyone aged under 18, even if the content was created with the consent of that young person.

Make sure your child knows where to report: remind your child how you can help them to report an incident. You can use **Report Remove** or **Take It Down** to report images that have been shared. They will help your child to get the image removed.



## Internet & Mobile Phone Use

## A Guide for Parents & Carers



## The internet & mobile phones

Children use technology in amazing ways to do amazing things. Technology opens up new possibilities that many of us never had when we were growing up. With the power of the Internet, children can create their own websites, music, videos, photographs and upload and share these online with friends, family or the whole world. Thanks to mobile phones, laptops and handheld devices such as portable music players and games consoles they can access the Internet from any location at any time.

However, we need to understand what they are doing and what potential risks they may face. Some people abuse the anonymity that the internet provides and potential risks include:

- **Grooming**—adults using the internet to meet young people
- People **lying** to others online
- **Cyberbullying** using the internet and social media
- Seeing **inappropriate** images
- Viruses and pop ups
- Self generated risks such as giving away **personal information**.

## Safety starts with you

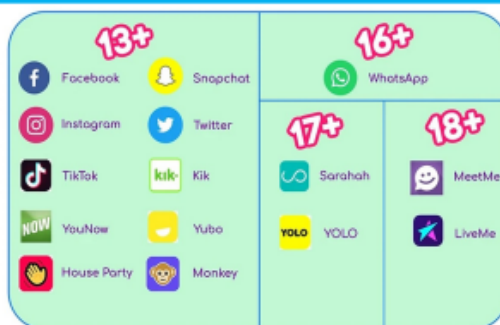
As a parent, there's plenty you can do to keep your child safe online.

It's important to have frequent, open and non-judgemental conversations with your child about relationships and being online to build trust and support them if something goes wrong. Here are some tips about how to approach this:

- **Chat regularly** about their life online: have ongoing conversations with them about their life and time online. Continue to take an interest as they grow.
- Review **privacy settings**: talk to your child about the importance of using privacy settings on their accounts to restrict who can contact them.
- Together with your children, draw up a set of **responsible rules** about using the Internet that the whole family agrees to. Think about what is reasonable for the age of your children, and make sure your children are balancing the amount of time they spend online with the amount of time they spend on other activities.
- Make sure your children understand the importance of keeping **personal information safe**.
- Keep the family computer in an area where you can **keep an eye out for inappropriate content**. Remember that children can also access the Internet from other devices such as mobile phones, portable music players and games consoles. Consider installing suitable safety software that will alert you if they do something that might put them in danger.

## App Age Restrictions

Explore new apps and sites together and talk in a balanced way, considering the benefits and the potential harms.



# What Parents & Educators Need to Know about PALWORLD

## WHAT ARE THE RISKS?

In Palworld, players head out into an environment where they must craft items and survive alongside creatures called 'Pals'. In this sense, it's similar to Minecraft: fight monsters while maintaining a base. Palworld has sold more than six million copies and often has over two million people playing online simultaneously.

AGE RESTRICTION  
PEGI  
12

## MATURE CONTENT

18  
CONTENT

While Palworld may look cute and cuddly, the game does have its more mature moments. For example, if you try to catch a Pal and don't succeed, the game displays a mild swear word. There are also minor references to inhumane acts like slavery when getting your Pals to perform certain tasks for you. While the presentation is intended to be humorous, this could still be seen as being in poor taste.

## VIOLENCE

Palworld has been referred to as "Pokémon with guns" and with good reason. As the game progresses, Pals can be given firearms, explosives and other weapons, allowing them to fight by the player's side. There are several moments where cute animals use these guns to kill other Pals or fight against bosses. The violence is cartoonish and bloodless, but it's present.

## SUGGESTIVE WRITING

Some of the Pals' descriptions – found in the game menu – can be very suggestive and adult in nature. The game makes a joke of balancing on the line between age-appropriate and mature content: playing on the contrast between the two while never being outright explicit. While it's possible that younger players won't notice this content, it's just as conceivable that they will.

## ONLINE PLAY

Palworld can be played with other people online. On Xbox, players can only play with people on their friends list. On PC, however, up to 32 players can share in the same game, playing in a large online world, and these players may not necessarily be known to the host beforehand. It can be quite complicated to set up these servers. However, it can be quite complicated to set up these servers (online worlds) and they cost money to keep active.

## DIFFICULTY

Despite its endearing visuals, Palworld is actually an extremely difficult game in places: defeating bosses, catching Pals and exploring the environment can all be very tricky. It takes a lot of skill – or working together with a friend – to be successful, which could be off-putting or even aggravating to a player expecting something more like Minecraft or Pokémon.

## Advice for Parents & Educators

### WATCH GAMEPLAY

Watching gameplay and reviews for Palworld on sites like YouTube is the best available means of gathering information on it, second only to playing it for yourself. Currently, there are plenty of videos showing this game off to the internet at large, along with detailed breakdowns of what can be found or done within it.

### LEND A HAND

By learning the basics of the game – Pal catching, bottling, crafting items and building up a base – you can help to lower the difficulty for younger players. This, in turn, decreases the likelihood that such players will need to look online for tips and tricks, where they could quite easily stumble across more violent and mature content associated with the game.

### SET CONTENT LIMITS

As Palworld is available on Xbox Game Pass, it's easy for players to access it. Any player subscribed to this service can simply find the title on Game Pass and hit the download button. If a child or young person isn't allowed to play Palworld, the best way to prevent them downloading it regardless is to enable age limits on their account. Setting the limit below 12 will not allow users to install Palworld.

### PLAY TOGETHER

By playing Palworld yourself, you'll have the best chance of catching any content that you don't think is suitable for children, as well as getting an idea of how violence is presented in the game. The conflict is cartoonish in nature – until players and Pals unlock the ability to use guns, at which point it can become more intense. It's likely best for you to give it a look and form your own opinion.

### PLACE BOUNDARIES

Limit options when it comes to online play. For players on PC, they'll still be able to cooperate with friends through the game's multiplayer option, much like Xbox users. Just because they have the option to run a dedicated server that's open to anyone doesn't mean they need to take it. The risks of interacting with strangers can be significantly lowered or even eliminated entirely by playing on servers which are restricted to friends only.

## Meet Our Expert

Editor in Chief of gaming and esports site @00becon, Lloyd Coombes has worked in the games media industry for five years. He's played every Tekken title since the series began and, as a parent, also values the importance of online safety. Writing mainly about tech and fitness, his articles have been published on influential sites including IGN and TechRadar.



#WakeUpWednesday

The National College

## P.T.A.

### Upcoming events:-

The next PTA meeting is on Monday 24th June @ 5.30pm @ Clenchwarton Primary School.

**June 20th /21st 2024—Bake Sale.**  
**Friday 5th July 2024—Summer Fayre.**

Many thanks for your continuing support.

*If you have any queries, please speak to Miss Kelly Childerhouse (Chair).*  
[clenchwartonpta@gmail.com](mailto:clenchwartonpta@gmail.com)

*Thank you for your support.*

PTA



## Water Bottles

Please make sure that only water is in your child's class water bottle. They are allowed squash for their lunch box drinks (No fizzy or Prime bottles please).



## Have your circumstances changed recently?

You may be eligible for Free School Meals!

The school receives funding for each child who comes under Pupil Premium (including FSM). You can apply online:-

<https://www.gov.uk/apply-free-school-meals>.

### Families in hardship and needing wider support

In addition to the offer of FSM vouchers for eligible families, there is support available for families who are facing hardship and need support. Anyone experiencing hardship may be able to receive support through the Norfolk Assistance Scheme (NAS), which may be able to provide support for food, fuel, clothes and other essential household items to families experiencing hardship. Wider support from a range of partners can then also be made available with NAS working alongside the Children's Services Community and Partnerships service. Families may get in touch with NAS via their dedicated website which includes an online application form, at [Norfolk Assistance Scheme - Norfolk County Council](#) or if they cannot access the internet, they can call **0344 800 8020**.



## Attendance & Pastoral

### Support

Gail Scott is our Attendance and Pastoral support officer for Clenchwarton Primary School. Mrs Scott can be contacted by emailing:-

[g.scott@westnorfolkacademiestrust.co.uk](mailto:g.scott@westnorfolkacademiestrust.co.uk)



## ParentPay Lunches

**Please** book school lunches via ParentPay before midnight on a **Sunday**. Thank you.

Please make any outstanding payments on ParentPay ASAP. All payments will need to be made online as we are now a cashless school.

**Price increase from 1st April 2024 will be £2.60 per meal.**



### Free Schools Meals on-Line

Please visit:- <https://www.gov.uk/apply-free-school-meals>.

## Healthy Snacks

Pupils can bring in a healthy snack to eat at playtime. E.g. fruit, cereal bars (**no nuts**), raisins, vegetable sticks, etc.

Crisps and chocolate are not allowed as a snack but can be put in your child's lunch box for lunchtime. We are encouraging a healthy lifestyle!



## Lunchtime Co—NEW MENU TO USE FROM W/C 01.04.2024.

Please see the school website for the menu. If your child has any dietary requirements that we are not aware of, please inform the school office. **All Bookings should be made via ParentPay, by midnight on a Sunday. If you do not choose your child's option, we will only be able to provide your child with a hot meal from now on.** Please note that due to food supply issues the kitchen are doing their very best to accommodate, but the menu may be subject to change. Thank you.





### Diary Dates



*\*Please be aware that dates are for guidance only and are subject to change.*  
 Diary dates are also located on the school website. Please note that the West Norfolk Academies Trust school calendar for 2023/2024 2024/2025 can be located from the school's website. School holiday dates are slightly different to NCC.

Tuesday 11th June 2024	Year 3—Stories of Lynn & Lynn Museum Trip. Payment and consent via ParentPay.
Wednesday 12th June 2024	Year 1—Summer term open classroom—2.30pm. Parents invited..
Thursday 13th June 2024	Art Bytes Celebration Event— Selected . More details to follow.
Friday 14th June 2024	3.15pm Doughnut stall fundraiser to celebrate and raise funds for young carers week. Thank you for your support.
Tuesday 18th June 2024	SSP Dance Festival at King's Lynn Corn Exchange. Selected. New Reception intake evening.
Wednesday 19th June 2024	Year 6—London Theatre Trip. Year 3—Summer term open classroom—11am. Parents invited. Year 1—Sandringham Trip. Payment and consent via ParentPay.
Thursday 20th June 2024	PTA BAKE SALE
Friday 21st June 2024	<b>SPORTS DAY - NEW DATE</b> PTA BAKE SALE
Monday 24th June 2024	Area Sports at St Clements High School. Selected. River of Hope Event. Selected.
Tuesday 25th June 2024	Year 5—Summer term open classroom— 9:30am. Parents invited. <b>NEW DATE</b> —Speed Kick Challenge—Premier Sports
Thursday 27th June 2024	Year 6—Summer term open classroom—2.30pm. Parents invited. New Reception children Stay and Play session Active Kids Festival at Lynnsport. Selected.
Friday 28th June 2024	NSPCC Speak Out Stay Safe—Year 5 & Year 6 <b>DATE CHANGE</b>
Tuesday 2nd July 2024	Year 5—Trip to Gressenhall Farm & Workshop.
Thursday 4th July 2024	Move up day. Year 6—Transition Day at St Clements High School. Summer Concert— @ Springwood .For choir members .Details to follow.
Monday 8th to Friday 12th July 2024	Year 6—Hilltop residential.
Tuesday 9th July 2024	Year 5—Opportunity Day at St Clements High School.
Wednesday 10th July 2024	Year 3—Sandringham Classroom Day Trip. More details to follow.
Thursday 11th July 2024	SSP Tennis Festival at Lynnsport—Selected.
Friday 12th May 2024	Year R—Trip to Clenchwarton Forest School 9am—12pm. Volunteer help required. If you are able to help and have an up to date DBS, please see the school office. Payment and consent via ParentPay.
Friday 19th July 2024	School closes at the usual time of 3.15pm for summer holidays.
Wednesday 4th September 2024	School opens-8.45am registration.
Thursday 28th November 2024	NHS Flu vaccination programme. More details to follow.
Thursday 12th December 2024	NHS Flu vaccination programme —Follow up session (if applicable). More details to follow.



After School Clubs will run from w/c Monday 3rd June or w/c 10th June 2024 to Friday 12th July 2024 unless otherwise stated.

Clubs are on a first come first serve basis and will be available to book from Friday 24th May 2024.

Summer term 2.

Day	After School Club	Who with:
Tuesday	Multi-sports—20 Spaces available Last session on 9th July 2024  Mindfulness Club — Yr1 to Yr6—10 spaces available. <b>Starts Tuesday 11th June</b> and last session on 9th June (5 weeks)	ICS coaching—Booking via ParentPay.  Miss Golding & Miss Webb—Booking via ParentPay.
Wednesday	Cross-stitch— <b>Starts Wednesday 12th June</b> and continuing until Wednesday 10th July 2024.  Dance—KS1 only. <b>Starts Wednesday 12th June 2024. 10 spaces available.</b>	Mrs Tarsey— Payment via ParentPay.  Miss Welch—Booking via ParentPay.
Thursday	Dodgeball Last session on 11th July 2024 <a href="https://www.premier-education.com/parents/venue/courses/2396-882767/">https://www.premier-education.com/parents/venue/courses/2396-882767/</a>  Scrapbook Club— <b>Starts Thursday 13th June 2024</b> —8 spaces available.	Premier Sports  <a href="https://www.premier-education.com/parents/venue/courses/2396-882767/">premier-education.com</a> to book!  Mrs Williams & Mrs Bloodworth. Booking via ParentPay.
Friday	Gymnastics Last session on 12th July 2024 <a href="https://www.premier-education.com/parents/venue/courses/2396-882775/">https://www.premier-education.com/parents/venue/courses/2396-882775/</a>  Lunchtime choir club Y5 /Y6 only— <b>Starts Friday 14th June 12pm</b> . To join children must be able to attend a concert on the evening of Thursday 4th July 2024 to be held at Springwood High School.	Premier Sports  <a href="https://www.premier-education.com/parents/venue/courses/2396-882775/">premier-education.com</a> to book!  Miss Welch— Information and permission slip to follow.

**Start Active Before School Club**  
Morning childcare for busy parents

Taking place in your school this term

FOR MORE INFORMATION

**Let us take care of your childcare!**

Evidence shows that a dose of physical activity before school hours can help to engage children's minds and prepare them for the day ahead.

Our specialist clubs offer mentally and physically stimulating activities which support and focus the mind while working on the body.

Parents can relax knowing their children are in safe hands as all staff have completed safeguarding training, all children have their DBS checked, and full Emergency First Aid and safeguarding certificates.

**15% discount for siblings**

Clenchworth Primary School  
School Referral: 01904 840444 - £4.00  
Book now at: [www.premier-education.com](https://www.premier-education.com)  
Contact Us at: [enquiries@premier-education.com](mailto:enquiries@premier-education.com)

# COMMUNITY NEWS

## ARE YOU 6 - 14 years old

And want to try Activities like...

Canoeing, climbing, surfing, making, sailing, helping, playing, volunteering, abseiling, fundraising, painting, acting...

Whatever you like doing, Scouting makes it happen.

07468 610 480 - 7thkingslynnsl@talktalk.net

7th King's Lynn Scout Group, Portland Place, King's Lynn, PE30 5LZ



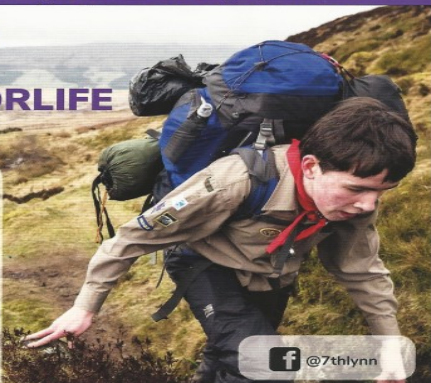
#DOMORE

#SKILLSFORLIFE

**Beavers** (6-8)  
Thursday 6.15 - 7.30

**Cubs** (8-10½)  
Wednesday 6.30 - 8.00

**Scouts** (10½-14)  
Tuesday 6.30 - 8.30



@7thlynn

**FUNDRAISING EVENT**

# SPEED KICK CHALLENGE 2024

**WHO'S GOT THE HARDEST SHOT IN THE CLASS?**

PREMIER EDUCATION UNDERSTAND THE FINANCIAL STRAINS THAT SCHOOLS FACE. WITH THIS IN MIND WE HAVE DEVELOPED A FUNDRAISING EVENT TO GET CHILDREN ACTIVE AND RAISE MONEY FOR BOTH THE SCHOOL AND A CHARITY OF THE SCHOOL'S CHOICE.

With a summer of European football ahead, we're glad to once again be able to support our schools with this amazing event!

\* Over £30,000 raised for schools in the last 3 years. \* No school has ever raised themselves less than £800. \* An additional 10% is donated to a charity of the school's choice by Premier Education. \* All administration and organisation is provided by Premier Education.

### WE'RE OFFERING OUR PREMIER EDUCATION SPEED KICK CHALLENGE TO HELP RAISE MONEY FOR SCHOOLS IN THE AREA.

This is a great way to get behind the home nations this summer, as they look to go one better than last time around and win the tournament.

All children receive a certificate of participation, along with trophies for the top scoring boy and girl in each class. There are also prizes available if certain milestones for fundraising are achieved.

The emphasis of the event is fun, with the school, parents and children, coming together as a team to raise much needed funds, with the added bonus of helping a charity of the schools choice at the same time.

ALL ADMIN IS COMPLETED BY THE PREMIER EDUCATION TEAM AND THE EVENT ONLY TAKES 30 MINUTES PER CLASS ENSURING AS LITTLE DISRUPTION AS POSSIBLE TO THE SCHOOL TIMETABLE.

“An enjoyable all-inclusive event where all children took part in a football fundraiser in celebration of the world cup. Not only did the school benefit from the fundraiser, we also raised money for a charity that is close to the school's heart. A great day and everyone enjoyed it! We will be doing this again!”

Deputy Headteacher  
Fawbert and Barnard's  
Primary School



HSBC

to: Fawbert Street Church Academy  
One thousand, two hundred and thirty-three pounds  
£ 11,493.00  
Premier Education

\* To book your fundraiser or ask for more information contact: rgammon@premier-education.com or call 07967 337505



# COMMUNITY NEWS



East of England  
Ambulance Service  
charity

## LEARN TO SAVE A LIFE

**FREE EVENT**

**Saturday August 10th, 2pm**  
**Clenchwarton Memorial Hall**

Delivered by: Community First Responders 

Join our CPR & defibrillator training:  
expert-led, hands-on learning for  
essential life-saving skills.

**WHY JOIN OUR TRAINING:**

- Essential Life-Saving Techniques ✓
- Empowerment and Confidence ✓
- Practical defibrillator usage guidance ✓

**BOOK ONLINE**  
<https://www.trybooking.com/uk/DNPS>



 [clenchwartoncft@gmail.com](mailto:clenchwartoncft@gmail.com)

 [clenchwarton.org.uk/ccft](https://www.clenchwarton.org.uk/ccft)

 Clenchwarton Community  
Foundation Trust

Media Contact: Caroline Coates, Clenchwarton Community Foundation Trust  
Email: [clenchwartoncft@gmail.com](mailto:clenchwartoncft@gmail.com) Mobile: 07585 381602

05 June 2024  
For Immediate Release

### Clenchwarton Community Foundation Trust Hosts Free CPR & Defibrillator Training Session - "Learn To Save A Life"

*Empowering the Clenchwarton Community with Vital Emergency Response Knowledge*

Clenchwarton Community Foundation Trust is thrilled to announce an upcoming event aimed at enhancing the life-saving skills of our community members. We are hosting a CPR & defibrillator training session led by certified experts, West Norfolk Community First Responders. Designed to provide hands-on experience and critical knowledge to residents of Clenchwarton and the surrounding areas.

Our organisation is dedicated to equipping the community with essential skills that can make a difference in emergency situations. The upcoming training session is part of our broader initiative to foster a safer and more prepared community. By participating in this event, attendees will gain the confidence and competence needed to respond effectively to cardiac emergencies.

"We are thrilled to offer this crucial training opportunity in partnership with the West Norfolk Community First Responders," said Rob Lucas, of the Clenchwarton Community Foundation Trust. "By equipping our community with life-saving skills, we are fostering a safer and more resilient environment for all residents."

#### Benefits of Attending the CPR & Defibrillator Training:

- Hands-On Experience:** Practical training with real-life scenarios to build confidence.
- Expert Instruction:** Learn from certified and experienced trainers.
- Comprehensive Coverage:** Gain knowledge on CPR techniques, defibrillator usage and emergency response protocols.
- Community Empowerment:** Contribute to a safer, more prepared community.

This vital training session will be held on Saturday 10<sup>th</sup> August, 2 pm – 4 pm at Clenchwarton Memorial Hall, and it is open to all residents of Clenchwarton and the surrounding areas. The event is free to attend however donations are welcome to support future community initiatives and training programmes which can be made via [www.justgiving.com/page/westnorfolkcftr](https://www.justgiving.com/page/westnorfolkcftr).

You can book a place for this vital training session on <https://www.trybooking.com/uk/DNPS>.

West Norfolk Community First Responders will also attend this year's Family Fun Day, which will be held at Clenchwarton Recreation Park on Sunday 21<sup>st</sup> July, 12 noon – 4 pm.

#### About The Organisations

The Clenchwarton Community Foundation Trust is a charitable organisation set up to help plan and implement future regeneration projects in the community and to focus on providing more inclusive, diverse and accessible community facilities.

West Norfolk Community First Responders are life-saving volunteers who attend 999 medical emergencies on behalf of the East of England Ambulance Service in and around North West Norfolk, charity number is 1047987.



West Norfolk Academies Trust

# COMMUNITY MUSIC WEEK

## 2024

Monday 1st - Thursday 4th  
July

Springwood High School,  
King's Lynn

**FREE ENTRY**

*(Retiring Collection each evening)*



**Monday 1st July**

**Rock and Pop  
Showcase**

**6.30pm**

**Bands from Across West Norfolk**

Rock and Pop bands from across the West Norfolk Academies Trust join with other local bands and performers to kick off our week of great community music.

**Tuesday 2nd July**

**Concert Bands and  
Orchestras**

**4.00pm**

**Primary Instrumental Showcase**

Primary School students from across West Norfolk together as one large Instrumental Ensemble. Followed by performances from the Springwood 'Transition Band and Orchestra'

**6.30pm**

**Bands and Orchestras from Across  
West Norfolk**

Featuring the bands and orchestras from Springwood High School including the award-winning Concert Band with Special Community Guests.

West Norfolk Wind Orchestra  
West Norfolk Music Centre

**Wednesday 3rd July**

**Jazz and Small  
Ensembles**

**6.30pm**

**Small Ensembles and Jazz Night**

The Big Band and Small Ensembles from Springwood High School with Special Community Guests!

West Norfolk Reeds  
Quax 5 Wind Quintet  
'The Centre Stage Swing Band'

**Thursday 4th July**

**WNAT Vocal  
Celebration**

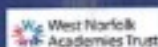
**6.00pm**

**Choirs from across WNAT**

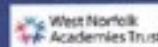
Featuring Choirs from across all the schools of the West Norfolk Academies Trust and our guests St. Martha's in a wonderful celebration of choral arrangements including many of your songs and ending with a finale of a combined choir of over 200 young people.

Gates Open 20 minutes before each performance

Bring a Chair or a Blanket and enjoy some great Community Music

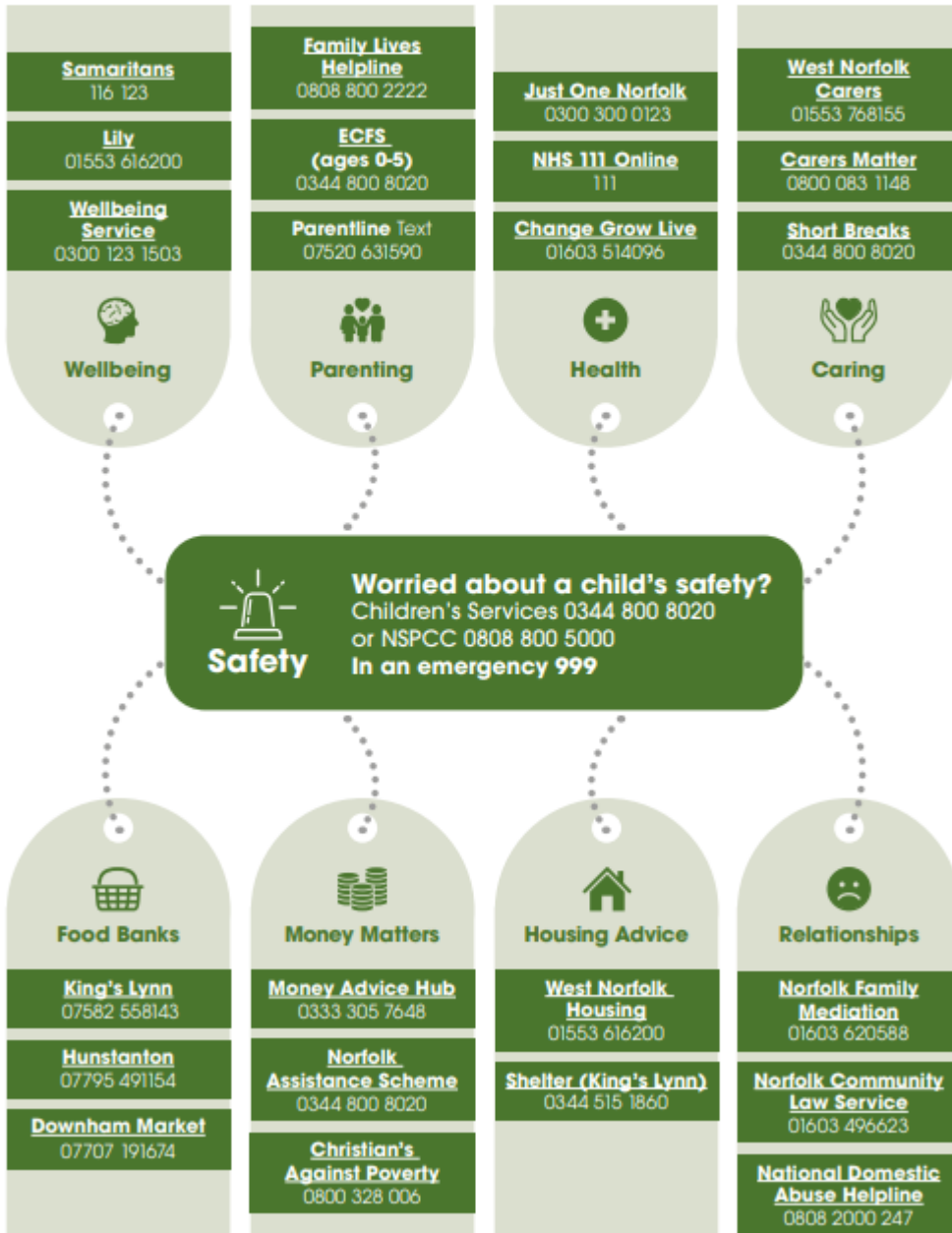


[www.westnorfolkacademiestrust.co.uk](http://www.westnorfolkacademiestrust.co.uk)





# Get Help



## PRIMARY SCHOOLS - Term Dates 2023-2024

September 2023						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October 2023						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2023						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2023						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2024						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2024						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March 2024						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2024						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May 2024						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June 2024						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

July 2024						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

August 2024						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Key: White dates – school open to pupils

Orange dates – pupil holiday

Purple dates – staff training day

Red dates – bank holiday

Staff training days are – Monday 4<sup>th</sup> September and Tuesday 5<sup>th</sup> September, Wednesday 3<sup>rd</sup> January and

Thursday 28<sup>th</sup> March 2024 as whole training days.

Monday 22<sup>nd</sup> July 2024 is disaggregated.