



Hello everyone,

Welcome back everyone and a warm welcome to our new children and parents. It has been a lovely week!

We welcome new members of staff to Clenchwarton Primary:-

Mrs Rhodes—School Receptionist  
Miss Smalley—1-1 Teaching Assistant  
Miss Abbott—Student Teacher

Over the coming weeks we will host meet the teacher on the following dates at 3pm  
Reception—Thursday 12th September  
Year 1—Thursday 19th September  
Year 2— Wednesday 18th September  
Year 3— Tuesday 17th September  
Year 4—Wednesday 11th September  
Year 5—Tuesday 10th September  
Year 6 Friday 13th September



**Polite reminder please ensure there are no nut products in snacks or pack lunches. Thank you for your understanding.**

As always, we want to ensure that your experience at Clenchwarton Primary is a positive one and we will keep you informed of your child's progress or any other incidents which happen in school. If you have any concerns, in the first instance, please telephone or email the school office.

Best wishes

Ms J Borley  
(Executive Headteacher)

## Attendance

|            |        |         |        |
|------------|--------|---------|--------|
| Reception: | 98.67% | Year 4: | 96.72% |
| Year 1:    | 99.2%  | Year 5: | 100%   |
| Year 2:    | 99.26% | Year 6: | 81.82% |
| Year 3:    | 100%   |         |        |

***Congratulations to \*Year 3 and 5\****



[www.clenchwartonprimary.co.uk](http://www.clenchwartonprimary.co.uk)

Governors email address: [r.wenn@westnorfolkacademiestrust.co.uk](mailto:r.wenn@westnorfolkacademiestrust.co.uk)  
SENCO email address: [primarysend@wnat.co.uk](mailto:primarysend@wnat.co.uk)



## P.T.A.

The next PTA AGM is on Monday 23rd September @ 5.30pm @ Clenchwarton Primary School.

The PTA are looking for new members please come and join us.

If you have any queries, please speak to Miss Kelly Childerhouse (Chair). [clenchwartonpta@gmail.com](mailto:clenchwartonpta@gmail.com)

Thank you for your support.

PTA



## Attendance & Pastoral

### Support

Gail Scott is our Attendance and Pastoral support officer for Clenchwarton Primary School. Mrs Scott can be contacted by emailing:-

[g.scott@westnorfolkacademiestrust.co.uk](mailto:g.scott@westnorfolkacademiestrust.co.uk)



### Polite Reminder

Please be reminded that the double gates are for entry to the school and the single gate is to be used on exit. This is so we can ensure that everybody is safe.

Thank you.

### Lunchtime Co

Please see the school website for the menu. If your child has any dietary requirements that we are not aware of, please inform the school office. **All Bookings should be made via ParentPay, by midnight on a Sunday.**



### ParentPay Lunches

**Please** book school lunches via ParentPay before midnight on a **Sunday**. Thank you.



### Healthy Snacks

Pupils can bring in a healthy snack to eat at playtime. E.g. fruit, cereal bars (**no nuts**), raisins, vegetable sticks, etc.

Crisps and chocolate are not allowed as a snack but can be put in your child's lunch box for lunchtime. We are encouraging a healthy lifestyle!



### Water Bottles

Please make sure that only water is in your child's class water bottle. They are allowed squash for their lunch box drinks (No fizzy or Prime bottles please).

### Have your circumstances changed recently?

You may be eligible for Free School Meals!

The school receives funding for each child who comes under Pupil Premium (including FSM). You can apply online:-

<https://www.gov.uk/apply-free-school-meals>.

#### **Families in hardship and needing wider support**

In addition to the offer of FSM vouchers for eligible families, there is support available for families who are facing hardship and need support. Anyone experiencing hardship may be able to receive support through the Norfolk Assistance Scheme (NAS), which may be able to provide support for food, fuel, clothes and other essential household items to families experiencing hardship. Wider support from a range of partners can then also be made available with NAS working alongside the Children's Services Community and Partnerships service. Families may get in touch with NAS via their dedicated website which includes an online application form, at [Norfolk Assistance Scheme - Norfolk County Council](#) or if they cannot access the internet, they can call **0344 800 8020**.





### Diary Dates



**\*Please be aware that dates are for guidance only and are subject to change.**  
Diary dates are also located on the school website. Please note that the West Norfolk Academies Trust school calendar for 2024/2025 can be located from the school's website. School holiday dates are slightly different to NCC.

|                                     |   |
|-------------------------------------|---|
| <b>Thursday 12th September 2024</b> | WNAT Spring Concert Year 5 and MITI Students  |
| <b>Friday 13th September 2024</b>   | Classical Music Rocks Concert at the Guildhall—Year 4, 5 and 6                            |
| <b>Thursday 24th October 2024</b>   | Break up for Half Term  |
| <b>Monday 4th November 2024</b>     | Return to School  |
| <b>Thursday 28th November 2024</b>  | NHS Flu vaccination programme. More details to follow.                                    |
| <b>Thursday 12th December 2024</b>  | NHS Flu vaccination programme —Follow up session (if applicable). More details to follow. |
| <b>Friday 20th December 2024</b>    | Last Day of Term  |



**After School Clubs will run from w/c Monday 9th September 2024 to Friday 18th October 2024 unless otherwise stated.**

| Day       | After School Club   | Who with:   |
|-----------|---|---|
| Tuesday   | <p>Multi-sports—20 Spaces available<br/>Starts - 10th September 2024<br/>Last session—13th December 2024</p> <p>Choir—KS2 only 15 spaces available<br/>Starts - 10th September 2024<br/>Last Session - 15th October 2024</p> <p>Maths Club - 15 Spaces available<br/>Starts - 10th September 2024<br/>Last Session— 15th October 2024</p> | <p>ICS coaching—Booking via ParentPay.</p> <p>Miss Welch—Payment via ParentPay.</p> <p>Mrs Ryan - Payment via ParentPay.</p>                |
| Wednesday | <p>Cross-stitch— <b>Starts</b> Wednesday 11th September 2024.<br/>Last session - 11th December 2024</p>   | <p>Mrs Tarsey— Payment via ParentPay.</p>   |
| Thursday  | <p>Multisports - Starts 9th September 2024<br/>Last Session 13th December 2024<br/><a href="https://www.premier-education.com/parents/venue/courses/2396-882767/">https://www.premier-education.com/parents/venue/courses/2396-882767/</a></p>  | <p>Premier Sports<br/><a href="https://www.premier-education.com/parents/venue/courses/2396-882767/">premier-education.com</a> to book!</p> |
| Friday    | <p>Gymnastics<br/>Last session on 20th December 2024<br/><a href="https://www.premier-education.com/parents/venue/courses/2396-882775/">https://www.premier-education.com/parents/venue/courses/2396-882775/</a></p>  | <p>Premier Sports<br/><a href="https://www.premier-education.com/parents/venue/courses/2396-882775/">premier-education.com</a> to book</p>  |

# ***IMPORTANT INFORMATION***

## **Administration of Medicines at School**

If your child needs prescribed medication/inhalers during school hours, please make sure a medication form is filled out. For asthma, a separate individual healthcare plan also needs to be filled out. These can be found on our website following the link below or from the school office.

*<https://www.clenchwartonprimary.co.uk/page/?title=Downloadable+Forms&pid=45>*

**The form and the medication then needs to be handed in at the office.** Please make sure the medicine is in the original container with the prescription label attached. This way we are able to check that the information and medication are correct before passing onto the class staff.

Please note; we are unable to administer medication that is not prescribed such as Calpol or Nurofen. If your child does need non-prescribed medication during the school day, we ask that you arrange to come in yourself to administer it.

Thank you.

# 10 Top Tips for Parents and Educators SUPPORTING CHILDREN GOING BACK TO SCHOOL

Change can be hard for children to manage. Going back to school after a long summer break might cause them to feel uncertain about their friendships, school routines and relationships with new teachers. However, trusted adults play an important role in providing both practical and emotional support.

## 1 LEARN WHAT EQUIPMENT YOU NEED

Figure out a list of all equipment needed for the start of the school year, so you can comfortably get your hands on the necessary items in time. If children have any financial issues and receive free school meals, the school may be able to provide some monetary aid or offer other support.

## 2 COMMUNICATE WITH THE SCHOOL

If you notice that a child is feeling anxious about a change of teacher or school, arranging a one-to-one meeting with their new teacher can be a good way to alleviate some of the anxiety. Just knowing that they understand the child's worries and will be able to help them if the need arises can build the foundations of a good working relationship. Knowing that you can contact them with any queries can also be reassuring.

## 3 CHECK THE SCHOOL WEBSITE

There will be plenty of information about the start of term on the school's website to keep you updated. Furthermore, you should be able to find other useful information such as contact details for staff, important school equipment, clubs, and news about any special events on the school calendar for the year. It could be helpful to look through this with children for anything which might reassure them.

## 4 HELP TO MANAGE FRIENDSHIPS

If a child is feeling anxious about making new friends – especially if they're moving up to secondary school – it can be a good idea to remind them of what they could do or say when meeting new classmates. Investigating the extracurricular activities available could be a good way to open a conversation about their hobbies and pastimes, and joining such clubs could allow new friendships to be built on this mutual interest.

## 5 PLAN SELF-CARE

Talking to children about how they can manage their self-care can be an effective way of helping them understand its importance. This might involve playing a computer game they love with friends, a weekly visit to the library, getting to bed at the same time each night, or a range of other activities that support their wellbeing and provide the familiarity and safety of a routine that works for them.

## 6 MANAGE TRICKY FEELINGS

Explain that it's okay to have difficult feelings around returning to school. This can help reduce any shame or embarrassment a child might be feeling over these emotions. Emphasise that other children – even some of the teachers – will be feeling the same way. Consider practical ways to manage these feelings and help children feel more in control of their emotions. Some examples include fidget toys, breathing exercises or a notepad for doodling.

## 7 SECURE A SCHOOL UNIFORM

Parents and carers should try to buy a child's uniform for the new academic year well in advance of the new term (although allowing for potential holiday growth spurts) and give them time to adapt to any changes. Make sure they can comfortably change into and out of it for PE lessons. Double check the requirements for PE on the school's website, as some schools will also have requirements for PE kits.

## 8 PREPARE FOR TRANSITION DAYS

Ensuring that children attend transition days is a vital step in preparing for the new year. Some schools also have transition evenings for parents and carers to attend, offering extra opportunities to reach out for any additional support.

## 9 READ THE MENTAL HEALTH POLICY

If a young person struggles with their mental health, it's important to understand their school's mental health policy and provision to know what support is available. This should be on the school's website. A range of aid is typically on offer – from individual timetable amendments to group sessions on emotional wellbeing. You can then discuss these options with the child to reassure them that help is there if they need it.

## 10 LEARN ABOUT SEN SUPPORT

If a child has SEN and receives help in school, try to confirm exactly what support is available, to ensure they'll be having their needs met. If they're moving up to secondary school, it's a good idea to meet with the SENCO to ensure that all teachers receive the most relevant, up-to-date information about the child's needs and have a contact to liaise with if these change over time.

### Meet Our Expert

Amy Sayer is a freelance mental health trainer for schools, an author and a content writer. She is an Associate for Diverse Educators, a fellow of the Chartered College of Teaching and ITT wellbeing coach. Amy has previously been a SMHL coach, helping many different settings audit their mental health provision and support them to create and implement a strategic plan based on the specific needs of each setting.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-going-back-to-school>

# COMMUNITY NEWS




## PELICANS HOCKEY CLUB

### TRAINING TIMES

|   |  |
|---|--|
| <p><b>Mens Section</b></p> <p><b>Tuesdays</b><br/>Boys Development<br/>6:00-7:30pm</p> <p>All Men's Teams<br/>7:30-9:00pm</p> <p><b>Thursdays</b><br/>Mens 1stXI<br/>6:45-9:00pm</p> <p><b>Saturday Fixtures!</b></p> <p><b>Junior Section</b><br/>The Junior Section includes Under 8's, U10 Boys, U10 Girls, U12 Boys &amp; U12 Girls</p> <p>Trainings are <b>Saturdays</b>, term time<br/>8:45-10:30am</p> | <p><b>Ladies Section</b></p> <p><b>Wednesdays</b><br/>Girls Development<br/>6:00-7:00pm</p> <p>Ladies 1stXI<br/>7:00-8:30pm</p> <p><b>Thursdays</b><br/>Ladies 2ndXI &amp; 3rdXI<br/>6:00-7:30pm</p> <p><b>Saturday Fixtures!</b></p> <p><b>Beginner Sessions</b><br/>On <b>Monday Evenings</b> we hold a <b>Back to Hockey</b> session from 7:00-8:30pm</p> <p>These are beginner and refresher sessions for anyone who wants to give hockey a go at any ability!</p> |
|---|--|

Training times are from September!




## PELICANS HOCKEY CLUB



**OUR TEAMS**  
We are proud to boast 4 Men's teams including the Men's 1stXI playing Premier League Hockey, 3 quality Women's teams, 2 development and a strong Junior section ranging from Under 8's to Under 12's.

**WHY PELICANS?**  
Pelicans Hockey Club is an **inclusive** family club for everyone. We are committed to providing a **friendly** environment in which each and every player no matter their ability, can **thrive** and **improve**.



**Registration:**  
August 10-17  
09:00am - 11:00am

**At Alive Lynnsport**

*For more information:*  
<https://www.pelicanshockeyclub.co.uk>  
Or scan the QR code!



# ALIVE YOUTH START

## TENNIS PROGRAMME

**Alive Lynnsport**  
6 week course £34.99  
Every Wednesday from 11 September

5pm-6pm - 5-7yrs

6-7pm - 8-11yrs

Includes an LTA Youth Start Tennis Racket, Set of Balls, Branded T-shirt, Activity Cards & Certificate!

6 week starter course delivered by fully qualified coaches to introduce Tennis to children in a fun & relaxed environment. Mum's & Dad's can join in too! If you sign up to our Tennis programme following the 6-week course, you can enjoy 1 month FREE!  
Scan to book or call 01553 818001.




## Term Dates 2024-2025 – Primary Schools

| September 2024 |    |    |    |    |    |    |
|----------------|----|----|----|----|----|----|
| M              | T  | W  | T  | F  | S  | S  |
|                |    |    |    |    |    | 1  |
| 2              | 3  | 4  | 5  | 6  | 7  | 8  |
| 9              | 10 | 11 | 12 | 13 | 14 | 15 |
| 16             | 17 | 18 | 19 | 20 | 21 | 22 |
| 23             | 24 | 25 | 26 | 27 | 28 | 29 |
| 30             |    |    |    |    |    |    |

| October 2024 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| M            | T  | W  | T  | F  | S  | S  |
| 1            | 2  | 3  | 4  | 5  | 6  |    |
| 7            | 8  | 9  | 10 | 11 | 12 | 13 |
| 14           | 15 | 16 | 17 | 18 | 19 | 20 |
| 21           | 22 | 23 | 24 | 25 | 26 | 27 |
| 28           | 29 | 30 | 31 |    |    |    |

| November 2024 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| M             | T  | W  | T  | F  | S  | S  |
|               |    |    |    | 1  | 2  | 3  |
| 4             | 5  | 6  | 7  | 8  | 9  | 10 |
| 11            | 12 | 13 | 14 | 15 | 16 | 17 |
| 18            | 19 | 20 | 21 | 22 | 23 | 24 |
| 25            | 26 | 27 | 28 | 29 | 30 |    |

| December 2024 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| M             | T  | W  | T  | F  | S  | S  |
|               |    |    |    |    |    | 1  |
| 2             | 3  | 4  | 5  | 6  | 7  | 8  |
| 9             | 10 | 11 | 12 | 13 | 14 | 15 |
| 16            | 17 | 18 | 19 | 20 | 21 | 22 |
| 23            | 24 | 25 | 26 | 27 | 28 | 29 |
| 30            | 31 |    |    |    |    |    |

| January 2025 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| M            | T  | W  | T  | F  | S  | S  |
|              |    | 1  | 2  | 3  | 4  | 5  |
| 6            | 7  | 8  | 9  | 10 | 11 | 12 |
| 13           | 14 | 15 | 16 | 17 | 18 | 19 |
| 20           | 21 | 22 | 23 | 24 | 25 | 26 |
| 27           | 28 | 29 | 30 | 31 |    |    |

| February 2025 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| M             | T  | W  | T  | F  | S  | S  |
|               |    |    |    |    | 1  | 2  |
| 3             | 4  | 5  | 6  | 7  | 8  | 9  |
| 10            | 11 | 12 | 13 | 14 | 15 | 16 |
| 17            | 18 | 19 | 20 | 21 | 22 | 23 |
| 24            | 25 | 26 | 27 | 28 |    |    |

| March 2025 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| M          | T  | W  | T  | F  | S  | S  |
|            |    |    |    |    | 1  | 2  |
| 3          | 4  | 5  | 6  | 7  | 8  | 9  |
| 10         | 11 | 12 | 13 | 14 | 15 | 16 |
| 17         | 18 | 19 | 20 | 21 | 22 | 23 |
| 24         | 25 | 26 | 27 | 28 | 29 | 30 |
| 31         |    |    |    |    |    |    |

| April 2025 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| M          | T  | W  | T  | F  | S  | S  |
|            |    | 1  | 2  | 3  | 4  | 5  |
| 6          | 7  | 8  | 9  | 10 | 11 | 12 |
| 13         | 14 | 15 | 16 | 17 | 18 | 19 |
| 20         | 21 | 22 | 23 | 24 | 25 | 26 |
| 27         | 28 | 29 | 30 |    |    |    |

| May 2025 |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|
| M        | T  | W  | T  | F  | S  | S  |
|          |    |    | 1  | 2  | 3  | 4  |
| 5        | 6  | 7  | 8  | 9  | 10 | 11 |
| 12       | 13 | 14 | 15 | 16 | 17 | 18 |
| 19       | 20 | 21 | 22 | 23 | 24 | 25 |
| 26       | 27 | 28 | 29 | 30 | 31 |    |

| June 2025 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| M         | T  | W  | T  | F  | S  | S  |
|           |    |    |    |    | 1  |    |
| 2         | 3  | 4  | 5  | 6  | 7  | 8  |
| 9         | 10 | 11 | 12 | 13 | 14 | 15 |
| 16        | 17 | 18 | 19 | 20 | 21 | 22 |
| 23        | 24 | 25 | 26 | 27 | 28 | 29 |
| 30        |    |    |    |    |    |    |

| July 2025 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| M         | T  | W  | T  | F  | S  | S  |
|           | 1  | 2  | 3  | 4  | 5  | 6  |
| 7         | 8  | 9  | 10 | 11 | 12 | 13 |
| 14        | 15 | 16 | 17 | 18 | 19 | 20 |
| 21        | 22 | 23 | 24 | 25 | 26 | 27 |
| 28        | 29 | 30 | 31 |    |    |    |

| August 2025 |    |    |    |    |    |    |
|-------------|----|----|----|----|----|----|
| M           | T  | W  | T  | F  | S  | S  |
|             |    |    |    |    | 1  | 2  |
| 3           | 4  | 5  | 6  | 7  | 8  | 9  |
| 10          | 11 | 12 | 13 | 14 | 15 | 16 |
| 17          | 18 | 19 | 20 | 21 | 22 | 23 |
| 24          | 25 | 26 | 27 | 28 | 29 | 30 |
| 31          |    |    |    |    |    |    |

Key: White dates – school open to pupils

Orange dates – pupil holidays

Purple dates – staff training days

Red dates – bank holidays

Staff training days are – Monday 2 September, Tuesday 3 September, Monday 6 January and Tuesday 22

April as whole training days.

Friday 25 October 2024 is disaggregated.