



Clenchwarton Primary School Weekly Newsletter – 24th October 2024



Hello Everyone,

We wish you all a restful half term. We return to school on Monday 4th November.

Sadly today we say goodbye to our much loved, Mrs Bloodworth. Thank you for 37 years of commitment to Clenchwarton Primary School. We will miss you and wish you a very happy retirement.

Also this week we said goodbye to Miss Golding as she goes on maternity leave. We look forward to the new addition. Covering Miss Golding will be Miss Taylor we welcome her to our Year 2 class.

Parents Evening (Except Year 5) will be on 12th and 14th November. Please complete the following form to advise your preference of timeslot <https://forms.gle/oEUqb8uERuY1BQEm9>

There will be a new menu when we return after half term this is now on the school website.

As always, we want to ensure that your experience at Clenchwarton Primary is a positive one and we will keep you informed of your child's progress or any other incidents which happen in school. If you have any concerns, in the first instance, please telephone or email the school office.

Best wishes

Ms J Borley
(Executive Headteacher)

Attendance

Reception:	90.31%	Year 4:	97.03%
Year 1:	93.07%	Year 5:	94.92%
Year 2:	94.44%	Year 6:	94.82%
Year 3:	96.28%		

Congratulations to *Year 4*



www.clenchwartonprimary.co.uk

Governors email address:

r.wenn@westnorfolkacademiestrust.co.uk



P.T.A.

Upcoming Events

Meeting—Monday 4th November at 6pm

Bingo—Tuesday 19th November

Non Uniform Day—22nd November—Donations for Tombola

Christmas Fair— Friday 6th December

**Donations for Bingo Prizes would be gratefully received
Thank you.**

The PTA are looking for new members please come and join us.
If you have any queries, please speak to Miss Kelly Childerhouse



Healthy Snacks

Pupils can bring in a healthy snack to eat at playtime. E.g. fruit, cereal bars (**no nuts**), raisins, vegetable sticks, etc.

Crisps and chocolate are not allowed as a snack but can be put in your child's lunch box for lunchtime. We are encouraging a healthy lifestyle!



Have your circumstances changed recently?

You may be eligible for Free School Meals!

The school receives funding for each child who comes under Pupil Premium (including FSM). You can apply online:-

<https://www.gov.uk/apply-free-school-meals>.

Families in hardship and needing wider support

In addition to the offer of FSM vouchers for eligible families, there is support available for families who are facing hardship and need support. Anyone experiencing hardship may be able to receive support through the Norfolk Assistance Scheme (NAS), which may be able to provide support for food, fuel, clothes and other essential household items to families experiencing hardship. Wider support from a range of partners can then also be made available with NAS working alongside the Children's Services Community and Partnerships service. Families may get in touch with NAS via their dedicated website which includes an online application form, at [Norfolk Assistance Scheme - Norfolk](#)



Lunchtime Co

Please see the school website for the menu. If your child has any dietary requirements that we are not aware of, please inform the school office. **All Bookings should be made via ParentPay, by midnight on a Sunday.**



Attendance & Pastoral Support

Gail Scott is our Attendance and Pastoral support officer for Clenchwarton Primary School. Mrs Scott can be contacted by emailing:

- g.scott@westnorfolkacademiustrust.co.uk



ParentPay

Lunches

Please book school lunches via ParentPay before midnight on a Sunday. Even if your child receives Free meals booking is still required. Thank you.



As the weather is turning colder could you please ensure your child comes to school suitably dressed for the elements.



Diary Dates



***Please be aware that dates are for guidance only and are subject to change.**

Please note that the West Norfolk Academies Trust school calendar for 2024/2025 can be located from the school's website. School holiday dates are slightly different to NCC.

Monday 4th November 2024	Return to School Y6 National Child Measurement Programme (NCMP) PTA Meeting 6-7pm Parents Sensory Workshop 3:30pm-4:30pm
Tuesday 5th November 2024	Special Bonfire Menu—No Sandwich or Jacket Potato Options Year 5 Parents Evening
Wednesday 6th November 2024	Individual School Photos
Thursday 7th November 2024	Year 5 Parents Evening
Monday 11th November 2024	Parents Sleep Workshop 3:30pm-4:30pm Bikeability - 4 Days—Pupils who have signed up previously Cross Country Finals—Pupils who Qualified
Tuesday 12th November 2024	Parents Evening Year 1 Trip to Trues Yard
Thursday 14th November 2024	Parents Evening
Monday 18th November 2024	Year 1 Zoolab Visit
Tuesday 19th November 2024	PTA Bingo 6-8pm Year 3 Class Assembly at 2:45pm—Parents of Year 3 Invited Bags to School Collection
Friday 22nd November 2024	PTA Non Uniform Day—Please bring a donation for the Christmas Fayre Tombola
Monday 25th November 2024	PTA Cake Sale for Leavers Hoodies Tag Rugby—Selected Pupils
Tuesday 26th November 2024	Open Afternoon for Reception Intake 3:30-4:15pm Rock Steady Concert 10am—Participating children only PTA Cake Sale for Leavers Hoodies
Wednesday 27th November 2024	Used Uniform Sale
Thursday 28th November 2024	NHS Flu vaccination programme. More details to follow.
Wednesday 4th December 2024	Year 5 Class Assembly at 2:45pm—Parents of Year 5 Invited
Thursday 5th December 2024	Year 6 Class Assembly at 2:45pm—Parents of Year 6 Invited
Friday 6th December 2024	PTA Christmas Fair 3:30-5:30pm
Thursday 5th December 2024	Open Afternoon for Reception Intake 3:30-4:15pm
Thursday 12th December 2024	NHS Flu vaccination programme —Follow up session (if applicable). More details to follow.
Wednesday 18th December 2024	Used Uniform Sale
Friday 20th December 2024	Last Day of Term

Year 6 Parents...

Don't forget to complete your application for a high school place before the deadline: **Thursday October 31st.**

Every year we have families who miss out on a place simply because they didn't get their application in on time.

If you have any questions about our school then please don't hesitate to get in touch: office@stclementshigh.org.uk or 01553 828648

We look forward to receiving your application!



ST CLEMENT'S
HIGH SCHOOL

Clenchwarton Primary School
Open Afternoon for
2025/2026 Reception Intake
26th November & 5th December 2024 -
3.30pm - 4.15pm

Come and visit us at Clenchwarton Primary. We understand making your child's school choice can be difficult but we can all work together and learn together to make it the best possible experience of all.

Visit our website at www.clenchwartonprimary.co.uk

We look forward to seeing you.



After School Clubs will run from 3:15pm-4:15pm

There will be no Clubs week commencing 11th November due to Parents Evening

Day	After School Club	Who with:
Tuesday	<p>Multi-sports—20 Spaces available Starts - 5th November 2024 No Session on 12th November Last session—10th December 2024</p> <p>Choir—Young Voices Pupils Only Starts - 5th November 2024 No Session on 12th November Last Session - 10th December 2024</p>	<p>ICS coaching— Booking via ParentPay.</p> <p>Miss Welch—Payment via ParentPay.</p>
Wednesday	<p>Cross-stitch— 6 spaces available Starts - 20th November 2024. Last session - 11th December 2024</p>	<p>Mrs Tarsey— Payment via ParentPay.</p>
Thursday	<p>Book Club (EYFS/KS1 Only) - 10 spaces available) Starts—21st November 2024 Last Session—12th December 2024</p>	<p>Mrs Howells/Mrs Wil- liams—Payment via ParentPay</p>
Friday	<p>Gymnastics Last session on 20th December 2024 https://www.premier-education.com/ parents/venue/courses/2396-882775/</p>	<p>Premier Sports premier-education.com to book</p>



lilacmoon
photography

YOUR SCHOOL PORTRAIT

PHOTOGRAPHER

WILL BE HERE AT CLENCHWARTON PRIMARY SCHOOL



ON WEDNESDAY 6th NOVEMBER 2024

START: **8.30 am**

ONLINE ORDERS ONLY

PACK PRICES: £12.50 - £32.50 (Poster sizes & Calendars available)

White 'Hi-Key' Studio Background!

(please remember to bring your own comb/brush)

t: 07877 414354

e: lilacmoon_photography@hotmail.com

w: www.imageorder.co.uk

BONFIRE NIGHT



Tuesday 5TH NOVEMBER

Bangers & Mash

Served with Baked Beans

(Pork or Quorn Sausage)

Followed by

Snap Crackle & Pop Cake

Or Fresh Fruit

LUNCHTIME CO[®]

10 Top Tips for Parents and Educators

SUPPORTING YOUNG PEOPLE TO BUILD EMOTIONAL RESILIENCE

With increasing societal pressures, many children struggle with managing emotions, facing challenges and processing failure in a healthy way. This is why building emotional resilience in young people is vital for their mental health and personal success. This guide provides practical strategies for parents and educators to help children develop resilience and foster confidence, adaptability and a positive mindset.

1 ENCOURAGE OPEN COMMUNICATION

Regularly engaging children in open dialogue fosters trust and emotional expression. Encourage them to share their thoughts and feelings freely without judgment. Set aside time daily, perhaps during dinner, to ask open-ended questions such as, "What's made you happy today?". This encourages children to express themselves openly.

2 MODEL POSITIVE BEHAVIOUR

Children often learn how to manage emotions by observing adults. By modelling calm and positive responses to challenges, you can teach them valuable emotional management skills. If you've had a difficult day, verbalise how you're feeling and explain how you plan to handle it, such as "I'm a bit worked-up, so I'm going for a walk to clear my mind."

3 TEACH PROBLEM SOLVING SKILLS

Helping children break down challenges into manageable steps encourages a proactive mindset. Explain that every problem has a solution, even if it's not immediately obvious. For example, if a child is stuck on homework, support them in breaking the task into smaller steps, saying things like "Let's focus on just this first question for now."

4 FOSTER A GROWTH MINDSET

Encourage young people to view mistakes as learning opportunities. A growth mindset helps them see setbacks as part of the process, rather than something to be upset about. After a child loses a game or performs poorly on a test, for example, ask them what they've learned from the experience. This reinforces the idea that effort – and even failure – leads to improvement.

5 PROMOTE SELF-CARE PRACTICES

Teaching children about self-care helps them understand the importance of balancing work with relaxation to maintain emotional wellbeing. Parents and carers could start a screen-free hour before bedtime where the family engages in relaxing activities like reading, setting an example to the child for how to unwind.

6 BUILD HEALTHY RELATIONSHIPS

Strong relationships with peers and adults provide a support system that enhances resilience. Encourage positive, respectful interactions to develop social skills. Playdates or group activities can be instrumental in teaching children how to resolve conflicts with friends by modelling and practicing calm communication.

7 SUPPORT EMOTIONAL AWARENESS

Helping children to identify and name their emotions allows them to manage those feelings more effectively. When a child's upset, encourage them to talk to you about what they're feeling in an empathetic and supportive manner, and ask them why they might be experiencing these emotions.

8 ENCOURAGE INDEPENDENCE

Giving children opportunities to make their own decisions boosts confidence and problem-solving skills. A good example of this would be letting children choose and pack their own lunches for school, guiding them with options but allowing them to assume responsibility for the task to help them take ownership.

9 DEVELOP COPING STRATEGIES

Teaching children techniques like mindfulness, deep breathing or journaling can help them to manage stress. Show them how to perform breathing exercises when they're feeling anxious, and practise this regularly. Reinforcing this behaviour in young people will make it easier for them to use these techniques of their own accord during stressful moments.

10 CELEBRATE SMALL WINS

Recognising effort, no matter how small, reinforces perseverance and encourages children to keep trying. After a child completes a difficult task, makes progress on a project or reaches another type of personal goal, praise their efforts. Emphasise the hard work they've put in and be sure to let them know how proud you are!

Meet Our Expert

Adam Gilbert is Associate Vice Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, which works with schools on improving their mental health provisions.



#WakeUpWednesday

The National College

X @wake_up_weds

f /www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 23.10.2024

Events

**Clenchwarton
Primary
PTA
Christmas Fayre**

FRIDAY 6TH DECEMBER
DOORS OPEN AT 3.30pm

Fun Christmas games, raffles,
tombola, craft and Christmas
stalls!

CLENCHWARTON PTA
INVITE YOU TO OUR

**BINGO
NIGHT**

Tuesday 19th November
DOORS OPEN 6PM

EYES DOWN AT 7PM

A FUN EVENING WITH FRIENDS AND
FAMILY

CLENCHWARTON COMMUNITY
FOUNDATION TRUST
INVITE YOU TO

**HALLOWEEN
Family Disco**

01 | FRIDAY
NOVEMBER 2024
6PM - 8PM

CLENCHWARTON MEMORIAL HALL

GAMES • FUN • FANCY DRESS
BEST PUMPKIN & COSTUME COMPETITION

CHILDREN £5 (PER CHILD)*
ADULTS £2.50 (PER ADULT)

REFRESHMENTS
AVAILABLE

BOOK A TICKET ONLINE
TRYBOOKING.COM/UK/DWHB

*ALL CHILDREN UNDER THE AGE OF 11 MUST BE
ACCOMPANIED BY A PAYING ADULT

*Make Your Own
Pumpkin House*

**BOOKING
NOW!**

JOIN LAVENDERFOREST
UNDER THE RESTAURANT CANOPY
AT THE VISITORS CENTRE OF THE SANDRINGHAM ESTATE
ON
TUESDAY 29 WEDNESDAY 30 THURSDAY 31 OCTOBER
SESSION TIMES
10AM-11AM 11.15AM -12.15PM
1PM-2PM 2.15PM-3.15PM
£15 PER PUMPKIN HOUSE
INCLUDES ALL MATERIALS
MAX 2 ADULTS 3 CHILDREN PER STATION

<https://sandringhamestate.co.uk/events/make-your-own-pumpkin-house/>