



Clenchwarton Primary School Weekly Newsletter – 20th December 2024



Hello Everyone,

Merry Christmas everyone and we look forward to welcoming you back on Tuesday 7th January. There will be no after school clubs the first week back, they will restart week commencing 13th January and run for the term. Clubs will be available to book on MCAS in January.

It has been a very busy week with the KS2 Carol Concert, KS1 Nativity and whole school Christingle. The Children have made us all proud with their amazing performances. Thank you to everyone for attending. It was lovely to see your support.

Thank you again to everyone who has supported the Year 6's with raising money for their leavers hoodies and to the PTA for organising and wrapping.

From January we will be using My Child at School (MCAS) if you haven't already done so, please use this link to activate your account - <https://www.mychildatschool.com/MCAS/MCSForgottenLogin> - and change the password.

As we switch over to MCAS on 1st January please can we ask no payments are made on Parentpay after Friday 20th December. During the Christmas Holidays events and trips will be moved over to MCAS. Please rest assured that balances and payments will be moved over during this time also.

As always, we want to ensure that your experience at Clenchwarton Primary is a positive one and we will keep you informed of your child's progress or any other incidents which happen in school. If you have any concerns, in the first instance, please telephone or email the school office.

Best wishes

Ms J Borley
(Executive Headteacher)



Attendance

Reception:	88%	Year 4:	92%
Year 1:	93%	Year 5:	88%
Year 2:	85%	Year 6:	96%
Year 3:	91%		

Congratulations to * Year 6*



www.clenchwartonprimary.co.uk

Governors email address:

r.wenn@westnorfolkacademiestrust.co.uk



P.T.A.

Next Meeting—Monday 13th January
6:00pm

PTA Quiz Night - Friday 31st January
7:00pm

The PTA are looking for new members please come and join us.
If you have any queries, please speak to Miss Kelly Childerhouse (Chair).
clenchwartonpta@gmail.com

Thank you for your support.
PTA



Lunchtime Co

Please see the school website for the menu. (please note this can be subject to change). If your child has any dietary requirements that we are not aware of, please inform the school office. **All Bookings should be made via ParentPay, by**



Healthy Snacks

Pupils can bring in a healthy snack to eat at playtime. E.g. fruit, cereal bars (**no nuts**), raisins, vegetable sticks, etc.

Crisps and chocolate are not allowed as a snack but can be put in your child's lunch box for lunchtime. We are encouraging a healthy lifestyle!



My Child at School App (MCAS)

We are excited to have sent out access to the 'My Child at School' app. We will be moving over to this in January 2025. The purpose of sending it out to you now is to ensure everyone has downloaded and has access to it ready for January 2025, where we will be using it to book dinners, clubs, trips, parent evenings, sending reports and storing important documents.

FROM 1ST JANUARY 2025

LUNCHES

The lunch menu's are now on MCAS. You will be able to book and pay for these from 1st January. This will work in the same way as ParentPay and we will only be able to order meals that you have selected and you can order lunches up until the Sunday before the week of the lunches. If you do not select any meals for your child, please send them in with a packed lunch.

TRIPS

Trips will be on MCAS for you to pay and to give permission for your child to attend. Please remember we cannot take children on trips without consent. You may see some trips appearing on your child's account before January but you will be unable to consent or pay for these until 1st January. You May also see Trips you have already paid for appearing funds will also be moved over.

CLUBS

Clubs will be available to book on MCAS the first week back in January. This will be on a first come, first serve basis. Trips may appear before January but cannot be booked until after 1st January.

If you haven't already done so, please use this link to activate your account - <https://www.mychildatschool.com/MCAS/MCSForgottenLogin> - and change the password.

As the weather is turning colder could you please ensure your child comes to school suitably dressed for the elements.

ParentPay

Lunches

Please book school lunches via ParentPay before midnight on a Sunday. Even if your child receives Free meals booking is still required. Thank you.



Attendance & Pastoral Support

Gail Scott is our Attendance and Pastoral support officer for Clenchwarton Primary School. Mrs Scott can be contacted by emailing:-
g.scott@westnorfolkacademiestrust.co.uk





Diary Dates

***Please be aware that dates are for guidance only and are subject to change.**

Please note that the West Norfolk Academies Trust school calendar for 2024/2025 can be located from the school's website. School holiday dates are slightly different to NCC.

Friday 20th December 2024	Last Day of Term
Tuesday 7th January 2025	New Term Begins
Monday 13th January 2025	PTA Meeting 6:00-7:00pm
Monday 27th January 2025	Active Kids—Selected KS1 pupils
Wednesday 29th January 2025	Year 3 Trip to Flag Fen
Friday 31st January 2025	Bikeability—Selected Pupils PTA—Quiz Night 7-9pm
Friday 7th February 2025	Year 4 Trip to Norwich Castle—Roman Day
Wednesday 12th February 2025	Young Voices—Choir
Friday 14th February	Last Day Before Half Term
Monday 24th February	School Begins 845am



River Of Hope



After School Clubs will run from 3:15pm-4:15pm

There will be no Clubs week commencing 6th January 2025

Half Term 17th-21st February

Day	After School Club	Who with:
Tuesday	<p><u>Multi-sports</u>—20 Spaces available Starts - 14th January 2025 Last session— 1st April 2025</p> <p><u>Choir</u>—Young Voices Pupils Only Starts - 14th January 2025 Last Session - 11th February 2025</p> <p><u>Cross-stitch</u> (KS2 Only) - 6 spaces available Starts - 14th January 2025 Last session - 1st April 2025</p>	<p>ICS coaching— Booking via MCAS</p> <p>Miss Welch/Miss Webb—Payment via MCAS</p> <p>Mrs Tarsey— Booking via MCAS</p>
Thursday	<p><u>ICT Club</u> (KS2 Only) - 10 spaces available Starts—16th January 2025 Last Session—3rd April 2025</p>	<p>Mrs Howells/Mrs Williams—Booking Via MCAS</p>
Friday	<p><u>Glow In The Dark DodgeBall</u> — 20 spaces available Starts—17th January Last session—4th April 2025</p>	<p>Premier Sports— Booking Via http://www.premier-education.com/</p>

KS2 Carol Concert



Nativity



Year 6 Leaver's Hoodies



King's Lynn Food Bank

CHRISTMAS



OPENING HOURS



23rd Dec	Monday	12-2pm
24th Dec	Christmas Eve	Closed
25th Dec	Christmas Day	Closed
26th Dec	Boxing Day	Closed
27th Dec	Friday	Closed
30th Dec	Monday	12-2pm
31st Dec	New Years Eve	Closed
1st Jan	New Years Day	Closed
2nd Jan	Thursday	12-2pm
3rd Jan	Friday	12-2pm



10 Top Tips for Parents and Educators

SAFETY ON SOCIAL MEDIA

Currently, children are growing up in an immediate and throwaway culture when it comes to content that's consumed online. So much material is now deliberately created to be shorter in nature – and may often contain hidden elements such as advertising, or extreme political and cultural views. With complex algorithms built to keep people on their phones and engaging with social media content, it's becoming increasingly difficult to reduce time spent on these platforms.

1 REDUCE DOOMSCROLLING

It's concerningly common for young people to spend hours 'doomscrolling' – trawling through social media and aimlessly viewing every post they see, many of which might make them feel sad or anxious. Social media can be useful for keeping in touch with friends and family, as well as staying up to date on current events. However, it's important to use it with a clear purpose, instead of endlessly scrolling through content, which could lead to young people accidentally discovering harmful material.

2 TALK ABOUT THE CONTENT

It's important to keep apprised of the kind of content that a young person is being exposed to. Discussing what they're watching online can help you understand why they're using social media in the first place. Furthermore, ensure that children are aware of hidden content, such as advertising of a product – and that they know how to spot that the creator is being paid to talk about it.

3 FIND POSITIVE ASPECTS

Despite all the concerns, there's plenty of wholesome content on social media. It's worth spending time with children to help them find something suitable and enjoyable. Perhaps you'll even discover a joint interest, and you can enjoy the content alongside the child. As part of this, you should also point out why certain things shouldn't be given attention, explaining why it isn't suitable and why it's been created in the first place.

4 REDUCE SCREENTIME

Young people can sometimes be unaware of the exact amount of time they spend looking at social media. Smart phones don't just have the capacity to monitor screentime; they also record how much time is spent on each app. Consider setting targets to reduce this and support children to meet these goals, gradually reducing the amount of time spent on different apps.

5 FILL THE VOID

Monitoring and reducing screentime can create a lot of free time to fill, and young people can even face withdrawal symptoms when made to step away from their phones. To mitigate this, consider what offline activities you could introduce the child to, and what they would enjoy. This can ensure that young users will permanently cut down on their screentime, rather than temporarily doing so while they know it's being monitored.

6 REDUCE NOTIFICATIONS

One way in which social media platforms keep people coming back is through notifications. The algorithms behind these apps track people's daily habits, including the times of the day where they're most likely to engage with the platform. This data is then used to deliver specifically timed notifications to draw them back in. To avoid young users being exposed to this tactic, simply turn off notifications for the app in their phone's settings.

7 LIVE IN THE REAL WORLD

Overexposure to social media can distort someone's perception of the real world – from body norms to social conventions. This filtered environment can make it hard for young people to distinguish reality from online content, which is now becoming even more difficult with the rise of AI. To mitigate this concern, take time to teach young people how to discern truth from fiction, both on and off social media.

8 DIGITAL DETOX

Encouraging young people to take a 'digital detox', from even just a couple of the apps that they use, can result in an overall reduction of screentime and less exposure to potentially harmful content. Alternatively, rather than avoiding the app entirely, encourage children to take a 'digital detox' from content creators and influencers, and instead, keep in touch with friends and family – which is generally a far healthier use of these platforms.

9 MODEL GOOD BEHAVIOUR

Consider the habits that you're demonstrating to your children. How much time do you spend on your phone? How much do you 'doomscroll'? Comparing your own usage with the child's could put things into perspective for them – or if it turns out that you're also overusing social media, it can turn screentime reduction into a joint mission, which you and the child can work on together.

10 BE CLEAR ON THE "WHY"

Research shows that young people can become addicted to social media. There are many schools that are moving towards being 'phone free' due to the negative impacts of using social media and phones continuously. It's important to explain to young people why managing screentime is important, set out the benefits and ensure they have all the relevant information, so it's not just seen as a punishment.

Meet Our Expert

John Inley is a senior leader in a Birmingham secondary school and has vast experience in leading schools over the past 15 years – including the development of computing curriculums across primary and secondary schools, writing e-safety policies and supporting schools with computing and e-safety advice.



#WakeUpWednesday

The National College